ND Girls State Swimming & Diving 2026

Hulbert Aquatic Center

Results

Event 1 Girls 200 Yard Medley Relay

State: 1:44.81 * 2016 Bismarck Century
B Rittenbach, V Herrmann, C Palmer, L Duchsherer

Girl HS Pool: 1:46.14 p 2018 Century
B. Rittenbach, A. Meyhoff, P. Keller,L. Duchsherer

US National: 1:43.16 ! 2004 Hartland Arrowhead, WI
Boritzke, Zblewski, Landisch, Fisher

US Pub HS NT: 1:38.13 # 2018
B Stewart, Z Bartel, C Gillian, K Alons

	Team	Relay	Finals Time	
1	CHS		1:49.79	40
	1) Joelle Knudson 11	2) Brooklyn Richards 12		
	3) Molly Osadchy 11	4) Aubrey Caster 12		
2	LHS		1:49.85	34
	1) Brinley Steele 11	2) Morgan Hocker 9		
	3) Norah Sears 10	4) Lilyana Hochhalter 11		
3	SHEY		1:49.96	32
	1) Gabby Nilson 8	2) Elin Erickson 9		
	3) Evie Sevald 12	4) Olivia Rasmussen 8		
4	GF		1:50.74	30
	1) Kaidence Grimaud 12	2) Madeline Bjerke 10		
	3) Gabrielle Tack 12	4) Rainy Bancroft 12		
5	HHS		1:51.03	28
	1) Jocelyn Wettlaufer 12	2) Elizabeth Herrick 10		
	3) Ella Beecher 9	4) Skylee Biby 7		
6	FN		1:51.06	26
	1) Amber Thompson 8	2) Unna Nelson 9		
	3) Merritt Butery 8	4) Natalie Gramm 11		
7	FD		1:51.13	24
	1) Helen Wu 11	2) Isla Burgr 9		
	3) Sophia Minniti 7	4) Clara Collins 10		
8	BHS		1:53.79	22
	1) Aria Eberle 9	2) Madeline VerDouw 12		
	3) Kennedy Ness 9	4) Morgan Kerzman 11		
9	WF		2:00.22	18
	1) Rachel Kunz 12	2) Zoe Hettinger 9		
	3) Edyn Flaten 9	4) Stella Kussatz 9		
10	MIN		2:01.31	14
	1) Madisyn Racine 10	2) Greer Schaeffer 12		
	3) Kathryn Andersen 11	4) Ella Johnson 11		
11	WHS		2:01.56	12
	1) Norah Grunenwald 10	2) Audrey Tofte 9		
	3) Norah Pierce 10	4) Allie Delaney 10		
12	JHS		2:03.58	10
	1) Sawyer Moser 8	2) Adelina Domkova 9		
	3) Mia Berndt 11	4) Sophie Gilbertson 10		
13	DHS		2:06.45	8
	1) Quinn Wosepka 7	2) Lola Kilwein 10		
	3) Samantha Paintner 11	4) Eva Lubken 8		
14	MNHS		2:07.55	6
	1) Olivia Lantz-Gagne 12	2) Ellia Gemar 12		
	3) Jaina Yoder 12	4) Genevieve Meier 11		
15	SHS		2:10.46	4
	1) Gretta Kegel 10	2) Sloan Peterson 8		
	3) Sayler Smith 12	4) Sophie Swenson 9		
---	MHS		DQ	
	1) Ellie Reiner 7	2) Brianna Kitzmann 8		
	3) Catherine Lindsey 9	4) Zoey Kienzle 11		
---	FS		DQ	
	1) Brooklyn Sauvageau 10	2) Bethany Mehl 12		
	3) Vivienne Lee 11	4) Adelynne Sharbono 11		

Event 2 Girls 200 Yard Freestyle

State: 1:42.81 * 2008 Dagny Knutson
Girl HS Pool: 1:52.89 p 2024 Arianna Hoff
US National: 1:45.49 ! 11/24/2002 Rhiannon Jeffrey
US Pub HS NT: 1:42.81 # 2008 Dagny Knutson

	Name	Yr	School	Finals Time	
A - Final					
1	Linnea Bruns	10	WF	1:53.13	20
2	Molly Osadchy	11	CHS	1:53.96	17
3	Lilyana Hochhalter	11	LHS	1:56.31	16
4	Isla Rogne	11	SHS	1:56.73	15
5	Rainy Bancroft	12	GF	1:59.16	14
6	Ava Hoornaert	11	SHEY	2:00.35	13
7	Mollie Peterson	11	FN	2:01.67	12
8	Catherine Lindsey	9	MHS	2:01.77	11
B - Final					
9	Amber Thompson	8	FN	2:02.46	9
10	Kirby Quam	11	MIN	2:03.46	7
11	Norah Pierce	10	WHS	2:03.62	6
12	Grace Ayers	8	WF	2:03.69	5
13	Madie Enderle	8	SHEY	2:03.75	4
14	Paige Eichmann	9	FD	2:04.92	3
15	Ella Erickson	8	SHS	2:04.93	2
16	Ella Petrick	9	HHS	2:05.92	1

Event 2 Girls 200 Yard Freestyle

State: 1:42.81 * 2008 Dagny Knutson
Girl HS Pool: 1:52.89 p 2024 Arianna Hoff
US National: 1:45.49 ! 11/24/2002 Rhiannon Jeffrey
US Pub HS NT: 1:42.81 # 2008 Dagny Knutson

	Name	Yr	School	Prelim Time	
Preliminaries					
1	Linnea Bruns	10	WF	1:53.15	q
2	Molly Osadchy	11	CHS	1:54.76	q
3	Lilyana Hochhalter	11	LHS	1:56.42	q
4	Isla Rogne	11	SHS	1:57.39	q
5	Rainy Bancroft	12	GF	1:59.07	q
6	Ava Hoornaert	11	SHEY	1:59.84	q
7	Mollie Peterson	11	FN	2:01.85	q
8	Catherine Lindsey	9	MHS	2:02.68	q
9	Amber Thompson	8	FN	2:02.79	q
10	Norah Pierce	10	WHS	2:02.97	q
11	Kirby Quam	11	MIN	2:03.20	q
12	Grace Ayers	8	WF	2:04.28	q
13	Ella Petrick	9	HHS	2:05.53	q
14	Madie Enderle	8	SHEY	2:05.67	q
15	Paige Eichmann	9	FD	2:05.79	q
16	Ella Erickson	8	SHS	2:05.98	q
17	Cambria Bachmeier	9	LHS	2:06.37	
18	Piper Cokeley	8	GF	2:06.60	
19	Rae Espinoza	10	DHS	2:06.74	
20	Emma Masseth	11	MHS	2:07.10	

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Results

Preliminaries ... (Event 2 Girls 200 Yard Freestyle)

	Name	Yr	School	Prelim Time	
21	Ella Johnson	11	MIN	2:07.20	
22	Kennedy Ness	9	BHS	2:07.70	
23	Rowan Meberg Ewald	10	CHS	2:07.81	
24	Eva Lubken	8	DHS	2:07.89	
25	Ava Johnson	8	MIN	2:08.18	
26	Brielle Knudson	7	CHS	2:08.33	
27	Clara Mattern	9	CHS	2:08.44	
28	Sophia Domitrovich	12	HHS	2:09.40	
29	Jessica Nygord	10	FD	2:09.55	
30	Kya Hendrickson	8	HHS	2:09.71	
31	Olivia Tschetter	9	FD	2:10.13	
32	Ellia Gemar	12	MNHS	2:10.45	
33	Mia Heinrich	10	FN	2:10.87	
34	Colby Mauch	12	HHS	2:11.38	
35	Kayley Paintner	10	DHS	2:12.24	
36	Greer Schaeffer	12	MIN	2:12.51	
37	Ashlyn Brendel	12	LHS	2:13.98	
38	Kallie Lee	8	LHS	2:14.86	

Event 3 Girls 200 Yard IM

State:	**1:53.82 * 2009**	**Dagny Knutson**
Girl HS Pool:	**2:06.44 p 11/13/2026**	**Bethany Mehl**
US National:	**1:57.41 ! 2007**	**Mary Beck**
US Pub HS NT:	**1:53.82 # 2009**	**Dagny Knutson**

	Name	Yr	School	Finals Time	
A - Final					
1	Bethany Mehl	12	FS	2:05.86p	20
2	Madeline VerDouw	12	BHS	2:07.13	17
3	Elizabeth Herrick	10	HHS	2:12.14	16
4	Joelle Knudson	11	CHS	2:12.54	15
5	Unna Nelson	9	FN	2:13.67	14
6	Norah Sears	10	LHS	2:13.84	13
7	Kaidence Grimaud	12	GF	2:17.38	12
8	Elin Erickson	9	SHEY	2:18.02	11
B - Final					
9	Addison Wax	11	DHS	2:18.48	9
10	Taylor Laudal	11	SHEY	2:19.60	7
11	Ellie Lacher	11	LHS	2:20.68	6
12	Zoey Lawson	08	FN	2:20.95	5
13	Morgan Hocker	9	LHS	2:21.11	4
14	Lindsey Zhang	7	SHEY	2:22.16	3
15	Sawyer Moser	8	JHS	2:23.55	2
16	Ava Sjurseth	9	SHS	2:23.72	1

Event 3 Girls 200 Yard IM

State:	**1:53.82 * 2009**	**Dagny Knutson**
Girl HS Pool:	**2:06.44 p 11/13/2026**	**Bethany Mehl**
US National:	**1:57.41 ! 2007**	**Mary Beck**
US Pub HS NT:	**1:53.82 # 2009**	**Dagny Knutson**

	Name	Yr	School	Prelim Time	
Preliminaries					
1	Bethany Mehl	12	FS	2:06.44p	q
2	Madeline VerDouw	12	BHS	2:08.91	q
3	Joelle Knudson	11	CHS	2:11.99	q
4	Unna Nelson	9	FN	2:14.11	q
5	Elizabeth Herrick	10	HHS	2:14.24	q
6	Norah Sears	10	LHS	2:14.91	q
7	Kaidence Grimaud	12	GF	2:16.86	q
8	Elin Erickson	9	SHEY	2:17.07	q
9	Ellie Lacher	11	LHS	2:19.38	q
10	Addison Wax	11	DHS	2:19.44	q
11	Taylor Laudal	11	SHEY	2:20.02	q
12	Zoey Lawson	08	FN	2:20.35	q
13	Lindsey Zhang	7	SHEY	2:21.54	q
14	Ava Sjurseth	9	SHS	2:22.88	q
15	Morgan Hocker	9	LHS	2:22.97	q
16	Sawyer Moser	8	JHS	2:23.28	q
17	Sophia Minniti	7	FD	2:23.60	
18	Madisyn Racine	10	MIN	2:23.67	
19	Isla Burgr	9	FD	2:24.67	
20	Zoe Hettinger	9	WF	2:31.76	

Event 4 Girls 50 Yard Freestyle

State:	**22.54 * 2020**	**Lexi Duchsherer**
Girl HS Pool:	**23.31 p 2018**	**Lexi Duchsherer**
US National:	**22.30 ! 2001**	**Christina Swindle**
US Pub HS NT:	**21.59 # 2020**	**Gretchen Walsh**

	Name	Yr	School	Finals Time	
A - Final					
1	Helen Wu	11	FD	23.33	20
2	Audrina Chamberlin	8	WF	24.35	17
3	Evie Sevald	12	SHEY	24.39	16
4	Emily Dunstan	12	MIN	24.72	15
5	Natalie Gramm	11	FN	24.81	14
6	Jocelyn Wettlaufer	12	HHS	24.86	13
7	Aubrey Caster	12	CHS	25.02	12
8	Ivy Aisenbrey	8	CHS	25.41	11
B - Final					
9	Makenna Tippett	11	DHS	25.32	9
10	Danielle Wescott	11	BHS	25.41	7
11	Ava Francis	10	MHS	25.50	6
12	Molly Ellerkamp	12	DHS	25.73	5
13	Grace Upgren	11	LHS	25.76	4
14	Lauren Watson	12	FD	25.85	3
15	Kacee Makeeff	9	MIN	25.99	2
16	Alexandra Schroeder	11	LHS	26.04	1

Event 4 Girls 50 Yard Freestyle

State:	**22.54 * 2020**	**Lexi Duchsherer**
Girl HS Pool:	**23.31 p 2018**	**Lexi Duchsherer**
US National:	**22.30 ! 2001**	**Christina Swindle**
US Pub HS NT:	**21.59 # 2020**	**Gretchen Walsh**

	Name	Yr	School	Prelim Time	
Preliminaries					
1	Helen Wu	11	FD	23.36	q
2	Audrina Chamberlin	8	WF	24.58	q
3	Emily Dunstan	12	MIN	24.60	q
4	Natalie Gramm	11	FN	24.69	q
5	Evie Sevald	12	SHEY	24.76	q
6	Jocelyn Wettlaufer	12	HHS	24.90	q
7	Aubrey Caster	12	CHS	25.19	q

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Results

Preliminaries ... (Event 4 Girls 50 Yard Freestyle)

	Name	Yr	School	Prelim Time	
8	Ivy Aisenbrey	8	CHS	25.23	q
9	Ava Francis	10	MHS	25.39	q
10	Makenna Tippett	11	DHS	25.40	q
11	Danielle Wescott	11	BHS	25.55	q
12	Grace Upgren	11	LHS	25.61	q
13	Kacee Makeeff	9	MIN	25.67	q
14	Molly Ellerkamp	12	DHS	25.70	q
15	Lauren Watson	12	FD	25.71	q
16	Alexandra Schroeder	11	LHS	25.79	q
17	Peyten Kienzle	11	MHS	25.90	
18	Kathryn Andersen	11	MIN	25.98	
19	Zoey Kienzle	11	MHS	26.09	
20	Ella Boyer	12	SHEY	26.11	
*21	Allyson Huber	10	LHS	26.23	
*21	Clancy Meyer	11	DHS	26.23	
23	Ella Beecher	9	HHS	26.47	
24	Audrey Tofte	9	WHS	26.61	
*25	Saanvi Arveity	8	SHEY	26.65	
*25	Morgan Kerzman	11	BHS	26.65	
27	Sophie Gilbertson	10	JHS	26.79	
28	Skylee Biby	7	HHS	26.91	
29	Alexis Appletoft	12	SHS	26.93	
30	Alyssa Morgenroth	12	FD	26.96	
31	Leah Dokken	12	MIN	27.18	
32	Allie Delaney	10	WHS	27.35	
33	Sasha Poltavski	12	GF	27.45	
34	Audrey Dickson	12	BHS	27.54	

Event 5 Girls 1 mtr Diving

State: 513.95 * 2024 Haley Conklin

Girl HS Pool: 523.95 p 2024 Haley Conklin

Finals

	Name	Yr	School	Finals Score	
1	Gracyn Bergan	12	MIN	448.35	20
2	Zoey Reis	9	LHS	404.50	17
3	Lauren Lopez	12	SHEY	404.10	16
4	Kaisa Tompkins	11	WF	400.90	15
5	Kendall Nerby	10	HHS	395.65	14
6	Nora Szymanski	9	FD	394.00	13
7	Aria Olsonoski	9	FD	390.75	12
8	Kylie Brew	12	MHS	378.80	11
9	Sophia Stevens	10	MNHS	376.40	9
10	Rhyen Foell	10	HHS	359.75	7
11	Haley Dockter	11	CHS	342.65	6
12	Sara Thomas	11	HHS	331.75	5
13	Molly Zeltinger	10	CHS	325.40	4
14	Samantha Paintner	11	DHS	310.65	3
15	Quinn Winterton	9	SHEY	302.25	2
16	Julia Graff	11	MHS	298.10	1

Event 5 Girls 1 mtr Diving

State: 513.95 * 2024 Haley Conklin

Girl HS Pool: 523.95 p 2024 Haley Conklin

Semi-Finals

	Name	Yr	School	Semis Score	
1	Gracyn Bergan	12	MIN	290.55	q
2	Zoey Reis	9	LHS	285.20	q
3	Lauren Lopez	12	SHEY	281.35	q
4	Aria Olsonoski	9	FD	280.35	q
5	Kaisa Tompkins	11	WF	279.55	q
6	Nora Szymanski	9	FD	273.90	q
7	Kendall Nerby	10	HHS	269.45	q
8	Kylie Brew	12	MHS	263.60	q
9	Sophia Stevens	10	MNHS	258.85	q
10	Sara Thomas	11	HHS	256.00	q
11	Rhyen Foell	10	HHS	251.70	q
12	Haley Dockter	11	CHS	242.15	q
13	Samantha Paintner	11	DHS	228.05	q
14	Molly Zeltinger	10	CHS	227.65	q
15	Quinn Winterton	9	SHEY	226.80	q
16	Julia Graff	11	MHS	220.25	q
17	Lydia Chambers	7	SHS	215.10	
18	Sylas Brandt	12	BHS	214.70	
19	Maren Mansour	12	FN	210.50	
20	Kambrie Brew	7	MHS	203.05	

Event 5 Girls 1 mtr Diving

State: 513.95 * 2024 Haley Conklin

Girl HS Pool: 523.95 p 2024 Haley Conklin

Preliminaries

	Name	Yr	School	Prelim Score	
1	Gracyn Bergan	12	MIN	185.50	q
2	Lauren Lopez	12	SHEY	179.80	q
3	Kaisa Tompkins	11	WF	176.20	q
4	Zoey Reis	9	LHS	174.50	q
5	Kendall Nerby	10	HHS	174.25	q
6	Nora Szymanski	9	FD	170.95	q
7	Kylie Brew	12	MHS	164.45	q
8	Aria Olsonoski	9	FD	164.25	q
9	Sophia Stevens	10	MNHS	159.85	q
10	Sara Thomas	11	HHS	157.60	q
11	Haley Dockter	11	CHS	155.50	q
12	Rhyen Foell	10	HHS	151.40	q
13	Lydia Chambers	7	SHS	149.95	q
14	Samantha Paintner	11	DHS	149.00	q
15	Quinn Winterton	9	SHEY	148.65	q
16	Molly Zeltinger	10	CHS	140.10	q
17	Julia Graff	11	MHS	137.90	q
18	Kambrie Brew	7	MHS	130.30	q
19	Maren Mansour	12	FN	129.85	q
20	Sylas Brandt	12	BHS	129.15	q
21	Anna Bierman	11	DHS	128.50	
22	Gabby Pribula	11	HHS	127.85	
23	Emily Anderson	11	CHS	125.00	
24	Larkin Kleven		JHS	117.90	
25	Olivia Beck	12	MHS	117.05	

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Results

Preliminaries ... (Event 5 Girls 1 mtr Diving)

	Name	Yr	School	Prelim Score
26	Sydney Lyman	12	MIN	113.65

Event 6 Girls 100 Yard Butterfly

State:	55.44 *	2020	Tierney Howell
Girl HS Pool:	56.40 p	11/13/2026	Molly Osadchy
US National:	52.41 !	11/9/1996	Misty Hyman
US Pub HS NT:	49.24 #	2022	Claire Curzan

A - Final

	Name	Yr	School	Finals Time	
1	Molly Osadchy	11	CHS	56.46	20
2	Brinley Steele	11	LHS	56.95	17
3	Evie Sevald	12	SHEY	58.02	16
4	Norah Sears	10	LHS	59.00	15
5	Rachel Kunz	12	WF	1:00.77	14
6	Nashatawn Tangpong	10	SHS	1:01.56	13
7	Gabrielle Tack	12	GF	1:01.63	12
8	Piper Volk	11	SHEY	1:02.76	11

B - Final

	Name	Yr	School	Finals Time	
9	Ella Erickson	8	SHS	1:01.23	9
10	Sophia Minniti	7	FD	1:01.54	7
11	Madeline Bjerke	10	GF	1:02.05	6
12	Catherine Lindsey	9	MHS	1:02.50	5
13	Merritt Butery	8	FN	1:02.96	4
14	Ella Boyer	12	SHEY	1:03.51	3
15	Lauren Watson	12	FD	1:03.74	2
16	Brooklyn Sauvageau	10	FS	1:05.27	1

Event 6 Girls 100 Yard Butterfly

State:	55.44 *	2020	Tierney Howell
Girl HS Pool:	56.40 p	11/13/2026	Molly Osadchy
US National:	52.41 !	11/9/1996	Misty Hyman
US Pub HS NT:	49.24 #	2022	Claire Curzan

Preliminaries

	Name	Yr	School	Prelim Time	
1	Molly Osadchy	11	CHS	56.40p	q
2	Brinley Steele	11	LHS	56.81	q
3	Evie Sevald	12	SHEY	58.77	q
4	Norah Sears	10	LHS	59.19	q
5	Gabrielle Tack	12	GF	59.73	q
6	Rachel Kunz	12	WF	1:00.88	q
7	Piper Volk	11	SHEY	1:01.67	q
8	Nashatawn Tangpong	10	SHS	1:01.69	q
9	Ella Erickson	8	SHS	1:01.78	q
10	Catherine Lindsey	9	MHS	1:02.41	q
11	Madeline Bjerke	10	GF	1:02.58	q
12	Sophia Minniti	7	FD	1:02.64	q
13	Merritt Butery	8	FN	1:03.16	q
14	Brooklyn Sauvageau	10	FS	1:03.25	q
15	Lauren Watson	12	FD	1:03.72	q
16	Ella Boyer	12	SHEY	1:04.02	q
17	Abigail Behm	11	GF	1:04.49	
18	Ella Beecher	9	HHS	1:04.52	
19	Ellie Lacher	11	LHS	1:04.56	
20	Kathryn Andersen	11	MIN	1:04.79	
21	Addi Bachmeier	8	HHS	1:05.24	
22	Saanvi Arveity	8	SHEY	1:05.72	
23	Ava Sjurseth	9	SHS	1:05.85	
24	Aria Eberle	9	BHS	1:06.29	
25	Jaina Yoder	12	MNHS	1:07.45	
26	Sofia Lattimore	11	FN	1:08.25	
27	Eva Birst	10	HHS	1:08.28	
28	Evelyn Yang	9	FN	1:10.25	

Event 7 Girls 100 Yard Freestyle

State:	48.15 *	2009	Dagny Knutson
Girl HS Pool:	51.41 p	11/13/2025	Dru Zander
US National:	48.59 !	11/23/2002	Kara Lynn Joyce
US Pub HS NT:	46.98 #	2020	Gretchen Walsh

A - Final

	Name	Yr	School	Finals Time	
1	Helen Wu	11	FD	51.61	20
2	Isla Rogne	11	SHS	53.17	17
3	Rainy Bancroft	12	GF	54.15	16
4	Aubrey Caster	12	CHS	54.35	15
5	Ava Hoornaert	11	SHEY	55.29	14
6	Kacee Makeeff	9	MIN	55.89	13
7	Addison Wax	11	DHS	55.90	12
8	Natalie Gramm	11	FN	56.40	11

B - Final

	Name	Yr	School	Finals Time	
9	Emily Dunstan	12	MIN	55.56	9
10	Madisyn Racine	10	MIN	55.64	7
11	Ivy Aisenbrey	8	CHS	56.01	6
12	Mollie Peterson	11	FN	56.16	5
13	Danielle Wescott	11	BHS	56.21	4
14	Alexandra Schroeder	11	LHS	56.44	3
15	Grace Upgren	11	LHS	56.45	2
16	Clara Collins	10	FD	57.08	1

Event 7 Girls 100 Yard Freestyle

State:	48.15 *	2009	Dagny Knutson
Girl HS Pool:	51.41 p	11/13/2025	Dru Zander
US National:	48.59 !	11/23/2002	Kara Lynn Joyce
US Pub HS NT:	46.98 #	2020	Gretchen Walsh

Preliminaries

	Name	Yr	School	Prelim Time	
1	Helen Wu	11	FD	51.47	q
2	Isla Rogne	11	SHS	54.17	q
3	Rainy Bancroft	12	GF	54.97	q
4	Aubrey Caster	12	CHS	55.03	q
5	Natalie Gramm	11	FN	55.94	q
6	Ava Hoornaert	11	SHEY	56.05	q
*7	Kacee Makeeff	9	MIN	56.11	q
*7	Addison Wax	11	DHS	56.11	q
9	Madisyn Racine	10	MIN	56.24	q
10	Emily Dunstan	12	MIN	56.28	q
11	Grace Upgren	11	LHS	56.32	q
12	Ivy Aisenbrey	8	CHS	56.52	q
13	Alexandra Schroeder	11	LHS	56.54	q
14	Mollie Peterson	11	FN	56.55	q
15	Danielle Wescott	11	BHS	56.60	q

ND Girls State Swimming & Diving 2026

Hulbert Aquatic Center

Results

Preliminaries ... (Event 7 Girls 100 Yard Freestyle)

	Name	Yr	School	Prelim Time	
16	Clara Collins	10	FD	56.82	q
17	Norah Pierce	10	WHS	57.07	
18	Olivia Rasmussen	8	SHEY	57.08	
19	Molly Ellerkamp	12	DHS	57.29	
20	Alivia Szymanski	11	FD	57.31	
21	Peyten Kienzle	11	MHS	57.49	
22	Madisyn Lowe	10	CHS	57.52	
23	Allyson Huber	10	LHS	57.77	
24	Skylee Biby	7	HHS	57.88	
25	Zoey Kienzle	11	MHS	58.39	
26	Piper Storm	7	CHS	58.51	
27	Ellia Gemar	12	MNHS	58.97	
28	Clancy Meyer	11	DHS	59.02	
29	McKenzie Leehan	7	GF	59.09	
30	Alyssa Morgenroth	12	FD	59.76	
31	Morgan Kerzman	11	BHS	1:00.23	
32	Allie Delaney	10	WHS	1:00.33	
33	Ashlyn Brendel	12	LHS	1:01.58	

Event 8 Girls 500 Yard Freestyle

State:	**4:34.78 * 2008**	**Dagny Knutson**
Girl HS Pool:	**5:11.39 p 11/13/2026**	**Linnea Bruns**
US National:	**4:37.30 ! 5/14/1988**	**Janet Evans**
US Pub HS NT:	**4:34.78 # 2008**	**Dagny Knutson**

	Name	Yr	School	Finals Time	
A - Final					
1	Linnea Bruns	10	WF	5:10.30p	20
2	Lilyana Hochhalter	11	LHS	5:18.91	17
3	Gabby Nilson	8	SHEY	5:22.80	16
4	Brooklyn Richards	12	CHS	5:24.19	15
5	Merritt Butery	8	FN	5:24.93	14
6	Joelle Knudson	11	CHS	5:25.21	13
7	Makenna Tippett	11	DHS	5:29.56	12
8	Kirby Quam	11	MIN	5:34.35	11
B - Final					
9	Madie Enderle	8	SHEY	5:31.54	9
10	Grace Ayers	8	WF	5:34.04	7
11	Brielle Knudson	7	CHS	5:34.42	6
12	Piper Cokeley	8	GF	5:35.91	5
13	Ella Petrick	9	HHS	5:36.79	4
14	Paige Eichmann	9	FD	5:37.50	3
15	Rae Espinoza	10	DHS	5:37.70	2
16	Kennedy Ness	9	BHS	5:39.24	1

Event 8 Girls 500 Yard Freestyle

State:	**4:34.78 * 2008**	**Dagny Knutson**
Girl HS Pool:	**5:11.39 p 11/13/2026**	**Linnea Bruns**
US National:	**4:37.30 ! 5/14/1988**	**Janet Evans**
US Pub HS NT:	**4:34.78 # 2008**	**Dagny Knutson**

	Name	Yr	School	Prelim Time	
Preliminaries					
1	Linnea Bruns	10	WF	5:11.39p	q
2	Gabby Nilson	8	SHEY	5:21.57	q
3	Lilyana Hochhalter	11	LHS	5:23.01	q
4	Joelle Knudson	11	CHS	5:23.45	q
5	Merritt Butery	8	FN	5:25.10	q
6	Brooklyn Richards	12	CHS	5:25.32	q
7	Makenna Tippett	11	DHS	5:32.77	q
8	Kirby Quam	11	MIN	5:34.00	q
9	Madie Enderle	8	SHEY	5:36.24	q
10	Kennedy Ness	9	BHS	5:36.79	q
11	Piper Cokeley	8	GF	5:36.88	q
12	Brielle Knudson	7	CHS	5:36.91	q
13	Grace Ayers	8	WF	5:37.80	q
14	Paige Eichmann	9	FD	5:41.29	q
15	Ella Petrick	9	HHS	5:42.04	q
16	Rae Espinoza	10	DHS	5:42.06	q
17	Clara Mattern	9	CHS	5:43.24	
18	Ella Johnson	11	MIN	5:44.27	
19	Kya Hendrickson	8	HHS	5:47.99	
20	Ava Johnson	8	MIN	5:49.12	
21	Eva Lubken	8	DHS	5:49.57	
22	Olivia Tschetter	9	FD	5:50.15	
23	Mia Heinrich	10	FN	5:51.34	
24	Jessica Nygord	10	FD	5:52.50	
25	Kayley Paintner	10	DHS	5:52.53	
26	Sophia Domitrovich	12	HHS	5:52.83	
27	Colby Mauch	12	HHS	5:52.86	
28	Abigail Behm	11	GF	5:54.75	

Event 9 Girls 200 Yard Freestyle Relay

State:	**1:37.38 * 2018**	**Bismarck Century**
S Dorrheim, P Keller, C Palmer, L Duchsherer		
Girl HS Pool:	**1:37.38 p 2018**	**Century**
S. Dorrheim, P. Keller, C. Palmer, L. Duchsherer		
US National:	**1:33.71 ! 11/23/2002**	**Pioneer H. S., MI**
Joyce, Cole, Merte, Kelly		
US Pub HS NT:	**1:30.72 # 2015**	
V Burchill, C Adams, K Smith, T Rothrock		

	Team	Relay	Finals Time	
1	WF		1:38.98	40
	1) Audrina Chamberlin 8	2) Rachel Kunz 12		
	3) Grace Ayers 8	4) Linnea Bruns 10		
2	LHS		1:40.36	34
	1) Brinley Steele 11	2) Grace Upgren 11		
	3) Norah Sears 10	4) Lilyana Hochhalter 11		
3	FD		1:41.13	32
	1) Lauren Watson 12	2) Paige Eichmann 9		
	3) Clara Collins 10	4) Helen Wu 11		
4	BHS		1:42.29	30
	1) Danielle Wescott 11	2) Morgan Kerzman 11		
	3) Aria Eberle 9	4) Madeline VerDouw 12		
5	SHS		1:42.62	28
	1) Nashatawn Tangpong 10	2) Alexis Appletoft 12		
	3) Ella Erickson 8	4) Isla Rogne 11		
6	MHS		1:42.65	26
	1) Ava Francis 10	2) Peyten Kienzle 11		
	3) Emma Masseth 11	4) Zoey Kienzle 11		
7	DHS		1:42.81	24
	1) Molly Ellerkamp 12	2) Clancy Meyer 11		
	3) Addison Wax 11	4) Makenna Tippett 11		

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Results

(Event 9 Girls 200 Yard Freestyle Relay)

	Team	Relay	Finals Time	
8	GF		1:43.00	22
	1) Kaidence Grimaud 12	2) Madeline Bjerke 10		
	3) Gabrielle Tack 12	4) Rainy Bancroft 12		
9	SHEY		1:43.85	18
	1) Olivia Rasmussen 8	2) Saanvi Arveity 8		
	3) Ava Hoornaert 11	4) Ella Boyer 12		
10	MIN		1:43.86	14
	1) Kacee Makeeff 9	2) Kathryn Andersen 11		
	3) Kirby Quam 11	4) Emily Dunstan 12		
11	CHS		1:43.90	12
	1) Madisyn Lowe 10	2) Ivy Aisenbrey 8		
	3) Clara Mattern 9	4) Brooklyn Richards 12		
12	FN		1:46.67	10
	1) Zoey Lawson 08	2) Mollie Peterson 11		
	3) Mia Heinrich 10	4) Natalie Gramm 11		
13	HHS		1:48.54	8
	1) Skylee Biby 7	2) Julia Meyer 11		
	3) Ella Petrick 9	4) Addi Bachmeier 8		
14	WHS		1:48.75	6
	1) Audrey Tofte 9	2) Allie Delaney 10		
	3) Norah Grunenwald 10	4) Norah Pierce 10		
15	JHS		1:53.15	4
	1) Adelina Domkova 9	2) Emily Trevithick 12		
	3) Aliyah Tyson 11	4) Sophie Gilbertson 10		
16	MNHS		1:53.20	2
	1) Olivia Lantz-Gagne 12	2) Ada Thomas 8		
	3) Kaylee Farnsworth 9	4) Ellia Gemar 12		
17	FS		1:57.10	
	1) Alana Bourgois 9	2) Kadence Munns 11		
	3) Adelynne Sharbono 11	4) Vivienne Lee 11		

Event 10 Girls 100 Yard Backstroke

State:	**55.67 * 2016**	**Briana Rittenbach**	
Girl HS Pool:	**55.67 p 2018**	**Briana Rittenbach**	
US National:	**52.86 ! 1998**	**Natalie Coughlin**	
US Pub HS NT:	**49.61 # 2022**	**Claire Curzan**	

	Name	Yr	School	Finals Time	
A - Final					
1	Brinley Steele	11	LHS	57.44	20
2	Jocelyn Wettlaufer	12	HHS	59.46	17
3	Audrina Chamberlin	8	WF	59.76	16
4	Rachel Kunz	12	WF	59.88	15
5	Elizabeth Herrick	10	HHS	1:00.24	14
6	Gabby Nilson	8	SHEY	1:01.68	13
7	Nashatawn Tangpong	10	SHS	1:01.69	12
8	Kaidence Grimaud	12	GF	1:02.66	11
B - Final					
9	Brooklyn Sauvageau	10	FS	1:03.26	9
10	Amber Thompson	8	FN	1:03.37	7
11	Ava Francis	10	MHS	1:03.43	6
12	Taylor Laudal	11	SHEY	1:04.00	5
13	Gabrielle Tack	12	GF	1:04.03	4
14	Emma Masseth	11	MHS	1:04.37	3
15	Piper Volk	11	SHEY	1:04.61	2
16	Sawyer Moser	8	JHS	1:05.66	1

Event 10 Girls 100 Yard Backstroke

State:	**55.67 * 2016**	**Briana Rittenbach**	
Girl HS Pool:	**55.67 p 2018**	**Briana Rittenbach**	
US National:	**52.86 ! 1998**	**Natalie Coughlin**	
US Pub HS NT:	**49.61 # 2022**	**Claire Curzan**	

	Name	Yr	School	Prelim Time	
Preliminaries					
1	Brinley Steele	11	LHS	57.31	q
2	Jocelyn Wettlaufer	12	HHS	59.50	q
3	Audrina Chamberlin	8	WF	59.67	q
4	Rachel Kunz	12	WF	1:00.37	q
5	Elizabeth Herrick	10	HHS	1:00.70	q
6	Gabby Nilson	8	SHEY	1:00.87	q
7	Nashatawn Tangpong	10	SHS	1:01.93	q
8	Kaidence Grimaud	12	GF	1:02.56	q
9	Brooklyn Sauvageau	10	FS	1:02.80	q
10	Ava Francis	10	MHS	1:03.06	q
11	Amber Thompson	8	FN	1:03.20	q
12	Gabrielle Tack	12	GF	1:03.29	q
13	Emma Masseth	11	MHS	1:03.81	q
14	Piper Volk	11	SHEY	1:04.09	q
15	Sawyer Moser	8	JHS	1:04.13	q
16	Taylor Laudal	11	SHEY	1:04.25	q
17	Aria Eberle	9	BHS	1:05.00	
18	Alivia Szymanski	11	FD	1:05.42	
19	Cambria Bachmeier	9	LHS	1:05.67	
20	Addi Bachmeier	8	HHS	1:05.94	
21	Rowan Meberg Ewald	10	CHS	1:06.04	
22	Thea Tucalo	9	CHS	1:06.72	
23	Brielle Maier	8	CHS	1:07.16	
24	Sofia Lattimore	11	FN	1:08.42	
25	Julia Meyer	11	HHS	1:08.53	

Event 11 Girls 100 Yard Breaststroke

State:	**1:02.02 * 11/12/2021**	**Erin Palmer**	
Girl HS Pool:	**1:02.15 p 11/13/2026**	**Madeline VerDouw**	
US National:	**59.20 ! 2005**	**Jessica Hardy**	
US Pub HS NT:	**58.35 # 2020**	**Kaitlyn Dobler**	

	Name	Yr	School	Finals Time	
A - Final					
1	Madeline VerDouw	12	BHS	1:02.35	20
2	Bethany Mehl	12	FS	1:02.50	17
3	Unna Nelson	9	FN	1:03.61	16
4	Madeline Bjerke	10	GF	1:05.32	15
5	Brooklyn Richards	12	CHS	1:07.38	14
6	Elin Erickson	9	SHEY	1:08.65	13
7	Isla Burgr	9	FD	1:09.47	12
8	Clara Collins	10	FD	1:09.73	11
B - Final					
9	Olivia Rasmussen	8	SHEY	1:10.33	9
10	Morgan Hocker	9	LHS	1:11.70	7
11	Lindsey Zhang	7	SHEY	1:11.80	6
12	Zoey Lawson	08	FN	1:12.40	5
13	Madisyn Lowe	10	CHS	1:12.66	4
14	Audrey Tofte	9	WHS	1:13.20	3

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Results

B - Final ... (Event 11 Girls 100 Yard Breaststroke)

	Name	Yr	School	Finals Time	
15	Audrey Dickson	12	BHS	1:14.37	2
16	Adelina Domkova	9	JHS	1:14.42	1

Event 11 Girls 100 Yard Breaststroke

State:	**1:02.02 * 11/12/2021**	**Erin Palmer**	
Girl HS Pool:	**1:02.15 p 11/13/2026**	**Madeline VerDouw**	
US National:	**59.20 ! 2005**	**Jessica Hardy**	
US Pub HS NT:	**58.35 # 2020**	**Kaitlyn Dobler**	

Preliminaries

	Name	Yr	School	Prelim Time	
1	Madeline VerDouw	12	BHS	1:02.15p	q
2	Bethany Mehl	12	FS	1:02.87	q
3	Unna Nelson	9	FN	1:03.83	q
4	Madeline Bjerke	10	GF	1:06.28	q
5	Brooklyn Richards	12	CHS	1:07.08	q
6	Elin Erickson	9	SHEY	1:08.24	q
7	Isla Burgr	9	FD	1:09.45	q
8	Clara Collins	10	FD	1:09.90	q
9	Olivia Rasmussen	8	SHEY	1:10.94	q
10	Lindsey Zhang	7	SHEY	1:11.45	q
11	Morgan Hocker	9	LHS	1:12.56	q
12	Zoey Lawson	08	FN	1:12.75	q
13	Adelina Domkova	9	JHS	1:13.15	q
14	Audrey Dickson	12	BHS	1:13.43	q
15	Madisyn Lowe	10	CHS	1:13.91	q
16	Audrey Tofte	9	WHS	1:13.97	q
17	Brynlee Lorenz	10	LHS	1:14.39	
18	Natalie Kurtz	8	CHS	1:14.99	
19	Zoe Hettinger	9	WF	1:15.17	
20	Savannah Turner	9	CHS	1:15.41	
21	Greer Schaeffer	12	MIN	1:15.60	
22	Kate Cassidy	7	SHEY	1:17.35	

Event 12 Girls 400 Yard Freestyle Relay

State:	**3:29.58 * 2020**	**Bismarck Century**
Duchscherer, Schuchard, Dorrheim, Palmer		
Girl HS Pool:	**3:33.33 p 2022**	**Sheyenne**
M. Shea, B. Keney, L. McDonagh, T. Howell		
US National:	**3:24.08 ! 1996**	**Jacksonville Bolles**
Ellis, Cail, Whitney, Berquist		
US Pub HS NT:	**3:15.38 # 2015**	

	Team	Relay	Finals Time	
1	SHEY		3:38.05	40
	1) Ava Hoornaert 11	2) Gabby Nilson 8		
	3) Elin Erickson 9	4) Evie Sevald 12		
2	CHS		3:38.31	34
	1) Aubrey Caster 12	2) Ivy Aisenbrey 8		
	3) Joelle Knudson 11	4) Molly Osadchy 11		
3	WF		3:43.09	32
	1) Linnea Bruns 10	2) Grace Ayers 8		
	3) Audrina Chamberlin 8	4) Zoe Hettinger 9		
4	DHS		3:44.06	30
	1) Addison Wax 11	2) Clancy Meyer 11		
	3) Molly Ellerkamp 12	4) Makenna Tippett 11		
5	SHS		3:44.67	28
	1) Isla Rogne 11	2) Nashatawn Tangpong 10		
	3) Ella Erickson 8	4) Ava Sjurseth 9		
6	MIN		3:45.44	26
	1) Emily Dunstan 12	2) Kirby Quam 11		
	3) Madisyn Racine 10	4) Kacee Makeeff 9		
7	HHS		3:46.51	24
	1) Elizabeth Herrick 10	2) Ella Petrick 9		
	3) Ella Beecher 9	4) Jocelyn Wettlaufer 12		
8	LHS		3:47.20	22
	1) Alexandra Schroeder 11	2) Allyson Huber 10		
	3) Cambria Bachmeier 9	4) Grace Upgren 11		
9	FN		3:48.45	18
	1) Mollie Peterson 11	2) Merritt Butery 8		
	3) Amber Thompson 8	4) Unna Nelson 9		
10	FD		3:54.31	14
	1) Lauren Watson 12	2) Paige Eichmann 9		
	3) Alyssa Morgenroth 12	4) Alivia Szymanski 11		
11	BHS		4:01.41	12
	1) Kennedy Ness 9	2) Aubrey Vatnsdal 12		
	3) Audrey Dickson 12	4) Danielle Wescott 11		
12	GF		4:01.96	10
	1) Abigail Behm 11	2) Piper Cokeley 8		
	3) McKenzie Leehan 7	4) Sasha Poltavski 12		
13	FS		4:02.94	8
	1) Brooklyn Sauvageau 10	2) Adelynne Sharbono 11		
	3) Vivienne Lee 11	4) Bethany Mehl 12		
14	WHS		4:12.18	6
	1) Katherine Winkler 11	2) Norah Grunenwald 10		
	3) Alexis Hanson 11	4) Ava Shold 12		
15	MNHS		4:15.15	4
	1) Ada Thomas 8	2) Genevieve Meier 11		
	3) Kaylee Farnsworth 9	4) Jaina Yoder 12		
16	JHS		4:33.31	2
	1) Aliyah Tyson 11	2) Mia Berndt 11		
	3) Tori Nelson 12	4) Emily Trevithick 12		
---	MHS		DQ	
	1) Peyten Kienzle 11	2) Catherine Lindsey 9		
	3) Ava Francis 10	4) Emma Masseth 11		

Scores - Women

Women - Team Rankings - Through Event 12

1.	West Fargo Sheyenne	279
2.	Bismarck Century	244
3.	Legacy	232
4.	West Fargo	219
5.	Fargo Davies	177
6.	Fargo North	170
7.	Grand Forks	157
8.	WF Horace	151
9.	Minot	138
10.	Shanley	129
11.	Bismarck	115
12.	Dickinson	114
13.	Mandan	69
14.	Fargo South	55

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Results

(Scores - Women)

15.	Williston	33
16.	Minot North	21
17.	Jamestown	20