

ND Girls State Swimming & Diving 2025

Hulbert Aquatic Center

Results - Finals

Event 1 Girls 200 Yard Medley Relay

State: 1:44.81 * 2016

Bismarck Century

B Rittenbach, V Herrmann, C Palmer, L Duchsherer

Girl HS Pool: 1:46.14 p 2018

Century

B. Rittenbach, A. Meyhoff, P. Keller, L. Duchsherer

US National: 1:43.16 ! 2004

Hartland Arrowhead, WI

Boritzke, Zblewski, Landisch, Fisher

US Pub HS NT: 1:38.13 # 2018

B Stewart, Z Bartel, C Gillian, K Alons

Team	Relay	Finals Time	
1 SHS		1:49.47	40
1) Nashatawn Tangpong 9	2) Alexa Heckaman 12		
3) Arianna Hoff 12	4) Isla Rogne 10		
28.59 30.08	25.69 25.11		
2 CHS		1:50.46	34
1) Hannah McEvers 12	2) Brooklyn Richards 11		
3) Molly Osadchy 10	4) Ava Erickson 12		
28.51 30.47	26.40 25.08		
3 WF		1:51.68	32
1) Rachel Kunz 11	2) Linnea Bruns 9		
3) Audrina Chamberlin 7	4) Ellie Nelson 12		
28.58 30.64	27.43 25.03		
4 HHS		1:52.52	30
1) Elizabeth Herrick 9	2) Brooklyn Herrick 12		
3) Ella Beecher 8	4) Jocelyn Wettlaufer 11		
29.19 30.72	28.47 24.14		
5 GF		1:53.42	28
1) Kaidence Grimaud 11	2) Madeline Bjerke 9		
3) Gabrielle Tack 11	4) Rainy Bancroft 11		
30.50 31.20	27.11 24.61		
6 FN		1:54.30	26
1) Natalie Gramm 10	2) Unna Nelson 8		
3) Eleanor Iversen 12	4) Merritt Butery 7		
29.62 30.66	28.12 25.90		
7 SHEY		1:54.75	24
1) Taylor Laudal 10	2) Elin Erickson 8		
3) Evie Sevald 11	4) Gabby Nilson 7		
30.56 32.60	26.43 25.16		
8 MHS		1:55.16	22
1) Lynnea Jackson 12	2) Emma Masseth 10		
3) Catherine Lindsey 8	4) Ava Francis 9		
29.04 32.74	27.92 25.46		
9 BHS		1:55.40	18
1) Aria Eberle 8	2) Madeline VerDouw 11		
3) Kennedy Ness 8	4) Morgan Kerzman 10		
31.07 28.60	30.53 25.20		
10 WHS		1:55.72	14
1) Jayden Woodward 12	2) Audrey Tofte 8		
3) Dru Zander 12	4) Braelynn Tofte 12		
30.67 33.23	25.09 26.73		
11 FS		1:56.19	12
1) Brooklyn Sauvageau 9	2) Bethany Mehl 11		
3) Vivienne Lee 10	4) Ella Bourke 12		
29.19 29.63	30.97 26.40		

12 FD		1:57.04	10
1) Alivia Szymanski 10	2) Clara Collins 9		
3) Helen Wu 10	4) Lauren Watson 11		
31.63 32.78	26.52 26.11		
13 MIN		1:57.25	8
1) Emily Dunstan 11	2) Greer Schaeffer 11		
3) Katy Andersen 10	4) Hailee Valdez 12		
28.81 34.74	28.22 25.48		
14 LHS		1:59.90	6
1) Cambria Bachmeier 8	2) Piper Freborg 12		
3) Ellie Lacher 10	4) Allyson Huber 9		
31.65 32.69	29.40 26.16		
15 BW-ND		2:02.46	4
1) Ellistin Hendrickson 12	2) Isla Burgr 8		
3) Linnea Burgr 10	4) Madelyn Beyer 12		
30.80 33.64	29.46 28.56		
16 MNHS-ND		2:02.52	2
1) Jaina Yoder 11	2) Zoe Bahr 12		
3) Lainey Martin 12	4) Olivia Lantz-Gagne 11		
32.04 33.04	30.23 27.21		

ND Girls State Swimming & Diving 2025
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Results - Finals

Event 2 Girls 200 Yard Freestyle

State: 1:42.81 * 2008 Dagny Knutson
Girl HS Pool: 1:52.89 p 2024 Arianna Hoff
US National: 1:45.49 ! 11/24/2002 Rhiannon Jeffrey
US Pub HS NT: 1:42.81 # 2008 Dagny Knutson
1:55.42 1ST 1st Team All State
1:57.73 2ND 2nd Team All State
2:12.53 SQ State Qualifying

Name			YrSchool		Finals Time	
A - Final						
1	Arianna Hoff		12	SHS	1:53.15	1ST
	26.51	28.60		28.72	29.32	
2	Samantha VonBokern		12	MIN	1:54.40	1ST
	26.96	28.54		28.36	30.54	
3	Lilyana Hochhalter		10	LHS	1:55.40	1ST
	26.74	29.17		29.40	30.09	
4	Molly Osadchy		10	CHS	1:56.87	2ND
	27.20	29.33		29.90	30.44	
5	Isla Rogne		10	SHS	1:57.88	SQ
	27.58	29.59		30.38	30.33	
6	Ava Hoornaert		10	SHEY	1:59.95	SQ
	28.10	29.98		30.79	31.08	
7	Rainy Bancroft		11	GF	2:00.24	SQ
	27.60	30.31		31.20	31.13	
8	Gabby Nilson		7	SHEY	2:00.64	SQ
	27.17	29.84		31.52	32.11	
B - Final						
9	Maggie Fricke		12	MIN	2:01.85	SQ
	28.10	30.56		31.42	31.77	
10	Makenna Tippet		10	DHS	2:02.63	SQ
	27.89	31.08		31.90	31.76	
11	Mollie Peterson		10	FN	2:03.84	SQ
	28.49	30.79		32.11	32.45	
12	Sophie Hetland		12	HHS	2:04.12	SQ
	28.61	31.28		32.55	31.68	
13	Kirby Quam		10	MIN	2:04.13	SQ
	28.33	30.68		32.05	33.07	
14	Nora Griffeath		8	FN	2:05.18	SQ
	28.71	31.53		32.14	32.80	
15	Catherine Lindsey		8	MHS	2:07.12	SQ
	29.75	32.17		32.63	32.57	
16	Grace Ayers		7	WF	2:07.66	SQ
	28.94	32.60		33.43	32.69	

ND Girls State Swimming & Diving 2025

Hulbert Aquatic Center

Results - Finals

Event 3 Girls 200 Yard IM

State: 1:53.82 * 2009 Dagny Knutson
 Girl HS Pool: 2:06.70 p 2018 Gracie Lingle
 US National: 1:57.41 ! 2007 Mary Beck
 US Pub HS NT: 1:53.82 # 2009 Dagny Knutson
 2:10.95 1ST 1st Team All State
 2:13.57 2ND 2nd Team All State
 2:30.71 SQ State Qualifying

Name			YrSchool	Finals Time	
A - Final					
1	Madeline VerDouw		11 BHS	2:07.28	1ST
	28.59	32.73	34.93	31.03	
2	Bethany Mehl		11 FS	2:09.26	1ST
	28.19	34.60	35.12	31.35	
3	Linnea Bruns		9 WF	2:11.66	2ND
	28.40	32.99	38.43	31.84	
4	Joelle Knudson		10 CHS	2:13.10	2ND
	29.19	34.37	38.71	30.83	
5	Abigail Jablonsky		12 CHS	2:13.39	2ND
	28.53	32.40	41.90	30.56	
6	Sienna Mrachek		12 CHS	2:13.49	2ND
	29.47	33.35	39.29	31.38	
7	Alexa Heckaman		12 SHS	2:14.71	SQ
	29.24	35.45	37.70	32.32	
8	Unna Nelson		8 FN	2:18.78	SQ
	30.67	36.46	38.54	33.11	
B - Final					
9	Norah Sears		9 LHS	2:14.34	SQ
	28.44	34.57	39.49	31.84	
10	Brooklyn Herrick		12 HHS	2:16.66	SQ
	30.92	35.57	38.04	32.13	
11	Elin Erickson		8 SHEY	2:18.02	SQ
	29.75	35.11	39.73	33.43	
12	Berit Hillmer		12 FN	2:18.78	SQ
	30.20	36.25	39.98	32.35	
13	Addison Wax		10 DHS	2:19.22	SQ
	29.71	34.98	43.20	31.33	
14	Norah Pierce		9 WHS	2:20.44	SQ
	29.72	36.86	41.42	32.44	
15	Ellie Lacher		10 LHS	2:21.16	SQ
	30.75			32.30	
16	Emma Masseth		10 MHS	2:22.68	SQ
	29.59	36.13	43.31	33.65	

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Results - Finals

Event 4 Girls 50 Yard Freestyle

State: 22.54 * 2020 Lexi Duchsherer
 Girl HS Pool: 23.31 p 2018 Lexi Duchsherer
 US National: 22.30 ! 2001 Christina Swindle
 US Pub HS NT: 21.59 # 2020 Gretchen Walsh
 24.25 1ST 1st Team All State
 24.74 2ND 2nd Team All State
 27.45 SQ State Qualifying

Name		YrSchool	Finals Time	
A - Final				
1	Helen Wu	10 FD	23.77	1ST
2	Dru Zander	12 WHS	23.79	1ST
3	Evie Sevald	11 SHEY	24.57	2ND
4	Jocelyn Wettlaufer	11 HHS	24.71	2ND
5	Aubrey Caster	11 CHS	25.03	SQ
6	Natalie Gramm	10 FN	25.05	SQ
7	Ellie Nelson	12 WF	25.54	SQ
8	Grace Upgren	10 LHS	25.60	SQ
B - Final				
9	Emily Dunstan	11 MIN	25.11	SQ
10	Ava Erickson	12 CHS	25.50	SQ
11	Madisyn Lowe	9 CHS	25.84	SQ
12	Ava Francis	9 MHS	25.86	SQ
13	Peyten Kienzle	10 MHS	25.93	SQ
14	Morgan Kerzman	10 BHS	26.04	SQ
15	Abigail Wake	10 MNHS-ND	26.24	SQ
16	Zoey Kienzle	10 MHS	26.44	SQ

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Results - Finals

Event 5 Girls 1 mtr Diving

State: 513.95 * 2024 Haley Conklin
Girl HS Pool: 523.95 p 2024 Haley Conklin
427.90 1ST 1st Team All State
419.35 2ND 2nd Team All State
285.00 SQ State Qualifying

Name		YrSchool	Finals Score	
Finals				
1	Ellie DeForest	12 BHS	439.80	1ST
2	Gracyn Bergan	11 MIN	436.15	1ST
3	Branwen Loeffler	12 GF	391.80	SQ
4	Lauren Lopez	11 SHEY	387.80	SQ
5	Kylie Brew	11 MHS	385.50	SQ
6	Sydnee Sandberg	12 GF	380.85	SQ
7	Aria Olsonoski	8 FD	370.10	SQ
8	Lenora Arnold	10 WHS	359.60	SQ
9	Sara Thomas	10 HHS	359.30	SQ
10	Abi Ricketts	12 MHS	358.45	SQ
11	Nora Szymanski	8 FD	356.70	SQ
12	Aubrey Piechowski	12 FD	354.45	SQ
13	Kendall Nerby	9 HHS	349.85	SQ
14	Zoey Reis	8 LHS	343.70	SQ
15	Macey Blake	11 MNHS-ND	342.05	SQ
16	Kaisa Tompkins	10 WF	334.60	SQ

ND Girls State Swimming & Diving 2025
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Results - Finals

Event 6 Girls 100 Yard Butterfly

State: 55.44 * 2020 Tierney Howell
Girl HS Pool: 56.89 p 2024 Addison Cerney
US National: 52.41 ! 11/9/1996 Misty Hyman
US Pub HS NT: 49.24 # 2022 Claire Curzan
58.78 1ST 1st Team All State
59.96 2ND 2nd Team All State
1:08.36 SQ State Qualifying

Name			YrSchool	Finals Time	
A - Final					
1	Brinley Steele		10	LHS	56.64p 1ST
	26.81	29.83			
2	Samantha VonBokern		12	MIN	57.46 1ST
	26.45	31.01			
3	Norah Sears		9	LHS	58.48 1ST
	27.26	31.22			
4	Evie Sevald		11	SHEY	58.76 1ST
	27.57	31.19			
5	Abigail Jablonsky		12	CHS	59.65 2ND
	28.00	31.65			
6	Gabrielle Tack		11	GF	1:00.35 SQ
	28.56	31.79			
7	Rachel Kunz		11	WF	1:00.60 SQ
	28.89	31.71			
8	Nashatawn Tangpong		9	SHS	1:01.30 SQ
	27.90	33.40			
B - Final					
9	Hannah McEvers		12	CHS	1:01.45 SQ
	28.73	32.72			
10	Catherine Lindsey		8	MHS	1:02.64 SQ
	29.10	33.54			
11	Piper Volk		10	SHEY	1:02.87 SQ
	28.85	34.02			
12	Merritt Butery		7	FN	1:03.21 SQ
	29.11	34.10			
13	Eleanor Iversen		12	FN	1:03.41 SQ
	29.30	34.11			
14	Maddi Wersinger		12	SHEY	1:03.61 SQ
	29.34	34.27			
15	Ella Boyer		11	SHEY	1:03.98 SQ
	29.39	34.59			
16	Katy Andersen		10	MIN	1:05.41 SQ
	29.16	36.25			

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Results - Finals

Event 7 Girls 100 Yard Freestyle

State: 48.15 * 2009 Dagny Knutson
Girl HS Pool: 51.60 p 2018 Lexi Duchsherer
US National: 48.59 ! 11/23/2002 Kara Lynn Joyce
US Pub HS NT: 46.98 # 2020 Gretchen Walsh
 53.49 1ST 1st Team All State
 54.56 2ND 2nd Team All State
 1:00.92 SQ State Qualifying

Name			YrSchool	Finals Time	
A - Final					
1	Dru Zander		12	WHS	51.41p 1ST
	25.16	26.25			
2	Arianna Hoff		12	SHS	52.03 1ST
	25.10	26.93			
3	Helen Wu		10	FD	52.33 1ST
	25.30	27.03			
4	Linnea Bruns		9	WF	52.48 1ST
	25.29	27.19			
5	Lilyana Hochhalter		10	LHS	52.89 1ST
	25.51	27.38			
6	Molly Osadchy		10	CHS	53.44 1ST
	26.01	27.43			
7	Aubrey Caster		11	CHS	54.97 SQ
	26.06	28.91			
8	Ava Erickson		12	CHS	55.83 SQ
	26.80	29.03			
B - Final					
9	Rainy Bancroft		11	GF	55.28 SQ
	26.62	28.66			
10	Emily Dunstan		11	MIN	55.57 SQ
	26.61	28.96			
11	Ellie Nelson		12	WF	56.05 SQ
	27.02	29.03			
12	Ava Hoornaert		10	SHEY	56.40 SQ
	27.38	29.02			
13	Audrina Chamberlin		7	WF	56.41 SQ
	27.37	29.04			
14	Addison Wax		10	DHS	56.63 SQ
	27.31	29.32			
15	Allyson Huber		9	LHS	57.01 SQ
	27.66	29.35			
16	Abigail Wake		10	MNHS-ND	57.02 SQ
	27.55	29.47			

Hulbert Aquatic Center

Event 8 Girls 500 Yard Freestyle

State:	4:34.78	* 2008	Dagny Knutson
Girl HS Pool:	5:11.61	p 2019	Greta Bellas
US National:	4:37.30	! 5/14/1988	Janet Evans
US Pub HS NT:	4:34.78	# 2008	Dagny Knutson
	5:17.00	1ST 1st Team All State	
	5:23.34	2ND 2nd Team All State	
	5:59.08	SQ State Qualifying	

A - Final

1	Isla Rogne		10	SHS		5:15.38	1ST
	28.73	31.25		31.91	32.23		
	32.25	32.25		32.46	32.43		
	31.74	30.13					
2	Sienna Mrachek		12	CHS		5:17.74	2ND
	28.33	30.76		31.78	32.14		
	31.94	32.06		32.70	33.03		
	32.74	32.26					
3	Merritt Butery		7	FN		5:21.64	2ND
	28.87	31.65		31.97	32.76		
	32.66	33.25		33.27	33.09		
	32.80	31.32					
4	Joelle Knudson		10	CHS		5:26.09	SQ
	28.92	32.12		32.80	33.38		
	33.83	33.73		33.53	33.78		
	33.25	30.75					
5	Sophie Hetland		12	HHS		5:26.10	SQ
	29.12	32.43		32.93	33.39		
	33.74	33.28		33.43	33.59		
	33.12	31.07					
6	Maggie Fricke		12	MIN		5:26.84	SQ
	28.74	31.66		32.04	32.78		
	33.59	33.47		34.88	34.08		
	33.47	32.13					
7	Gabby Nilson		7	SHEY		5:31.97	SQ
	29.31	31.56		33.31	33.84		
	33.82	33.95		34.18	34.27		
	34.65	33.08					
8	Brooklyn Richards		11	CHS		5:35.71	SQ
	29.41	32.55		33.62	34.14		
	34.43	34.30		34.55	34.79		
	34.54	33.38					

9	Makenna Tippet		10	DHS		5:31.58	SQ
	29.64	32.18		32.56	33.06		
	33.45	34.02		34.52	34.75		
	34.30	33.10					
10	Mollie Peterson		10	FN		5:32.37	SQ
	29.52	32.27		32.71	33.26		
	33.66	34.09		34.40	34.52		
	34.43	33.51					
11	Addison Olson		12	GF		5:34.51	SQ
	29.56	32.60		33.05	33.43		
	34.23	34.37		34.80	34.77		
	34.18	33.52					

12	Danielle Syverson		12	SHEY	5:35.28	SQ
	28.84	32.29		33.11	33.60	
	34.25	34.87		35.11	35.17	
	34.28	33.76				
13	Kirby Quam		10	MIN	5:37.01	SQ
	29.64	32.39		33.24	33.44	
	33.66	34.38		35.30	35.69	
	35.18	34.09				
14	Ella Johnson		10	MIN	5:37.47	SQ
	29.47	32.54		33.25	33.81	
	34.35	34.77		34.63	35.35	
	35.15	34.15				
15	Nora Griffeath		8	FN	5:42.26	SQ
	30.30	33.90		34.09	34.66	
	34.98	34.96		34.59	34.58	
	34.85	35.35				
16	Grace Ayers		7	WF	5:48.76	SQ
	31.14	34.39		35.25	35.01	
	35.75	35.85		36.04	35.16	
	35.43	34.74				

ND Girls State Swimming & Diving 2025

Hulbert Aquatic Center

Results - Finals

Event 9 Girls 200 Yard Freestyle Relay					(Event 9 Girls 200 Yard Freestyle Relay)				
State: 1:37.38 * 2018 Bismarck Century					Team Relay Finals Time				
S Dorrheim, P Keller, C Palmer, L Duchsherer					12 MHS 1:45.70 10				
Girl HS Pool: 1:37.38 p 2018 Century					1) Peyton Kienzle 10 2) Zoey Kienzle 10				
S. Dorrheim, P. Keller, C. Palmer, L. Duchsherer					3) Malayna Gerhardt 12 4) Lynnea Jackson 12				
US National: 1:33.71 ! 11/23/2002 Pioneer H. S., MI					26.12 26.23 27.57 25.78				
Joyce, Cole, Merte, Kelly					13 SHEY 1:46.00 8				
US Pub HS NT: 1:30.72 # 2015					1) Saanvi Arveity 7 2) Piper Volk 10				
V Burchill, C Adams, K Smith, T Rothrock					3) Olivia Rasmussen 7 4) Ava Hoornaert 10				
Team Relay Finals Time					26.94 26.80 26.59 25.67				
1 LHS 1:39.75 40					14 SHS 1:47.93 6				
1) Brinley Steele 10 2) Grace Upgren 10					1) Ella Erickson 7 2) Sunisha Tangpong 12				
3) Norah Sears 9 4) Lilyana Hochhalter 10					3) Alexis Appletoft 11 4) Ava Sjurseth 8				
25.21 25.55 25.00 23.99					27.38 26.94 26.59 27.02				
2 WF 1:40.14 34					15 HHS 1:49.90 4				
1) Rachel Kunz 11 2) Ellie Nelson 12					1) Maiah Fuchs 12 2) Sophia Domitrovich 11				
3) Audrina Chamberlin 7 4) Linnea Bruns 9					3) Colby Mauch 11 4) Sophie Hetland 12				
25.74 25.33 25.14 23.93					26.88 27.98 27.47 27.57				
3 CHS 1:40.53 32					16 FS 1:52.14 2				
1) Aubrey Caster 11 2) Abigail Jablonsky 12					1) Elsie Becker 12 2) Adrian Boyda 10				
3) Sienna Mrachek 12 4) Ava Erickson 12					3) Vivienne Lee 10 4) Ella Bourke 12				
25.25 24.69 25.39 25.20					27.99 28.84 28.40 26.91				
4 BHS 1:42.30 30									
1) Danielle Wescott 10 2) Aria Eberle 8									
3) Morgan Kerzman 10 4) Madeline VerDouw 11									
25.91 26.06 25.89 24.44									
5 MIN 1:42.50 28									
1) Kirby Quam 10 2) Sophia VonBokern 12									
3) Hailee Valdez 12 4) Samantha VonBokern 12									
26.43 26.07 25.83 24.17									
6 FD 1:42.93 26									
1) Helen Wu 10 2) Lauren Watson 11									
3) Clara Collins 9 4) Paige Eichmann 8									
24.30 26.11 26.14 26.38									
7 WHS 1:43.12 24									
1) Audrey Tofte 8 2) Braelynn Tofte 12									
3) Norah Pierce 9 4) Dru Zander 12									
26.60 26.33 26.62 23.57									
8 DHS 1:44.49 22									
1) Molly Ellerkamp 11 2) Addison Wax 10									
3) Clancy Meyer 10 4) Makenna Tippet 10									
26.47 26.08 26.19 25.75									
9 MNHS-ND 1:44.78 18									
1) Chloe Kraft 10 2) Ellia Gemar 11									
3) Zoe Bahr 12 4) Abigail Wake 10									
26.55 26.50 25.79 25.94									
10 FN 1:45.03 14									
1) Natalie Gramm 10 2) Berit Hillmer 12									
3) Unna Nelson 8 4) Eleanor Iversen 12									
25.68 26.78 26.67 25.90									
11 GF 1:45.30 12									
1) Rainy Bancroft 11 2) Gabrielle Tack 11									
3) Madeline Bjerke 9 4) Addison Olson 12									
25.41 26.09 27.06 26.74									

ND Girls State Swimming & Diving 2025

Hulbert Aquatic Center

Results - Finals

Event 10 Girls 100 Yard Backstroke

State: 55.67 * 2016 Briana Rittenbach
 Girl HS Pool: 55.67 p 2018 Briana Rittenbach
 US National: 52.86 ! 1998 Natalie Coughlin
 US Pub HS NT: 49.61 # 2022 Claire Curzan
 59.06 1ST 1st Team All State
 1:00.24 2ND 2nd Team All State
 1:09.25 SQ State Qualifying

Name	YrSchool	Finals Time
A - Final		
1 Brinley Steele	10 LHS	58.77 1ST
28.44 30.33		
2 Jocelyn Wettlaufer	11 HHS	59.04 1ST
28.48 30.56		
3 Rachel Kunz	11 WF	59.99 2ND
29.38 30.61		
4 Elizabeth Herrick	9 HHS	1:00.06 2ND
29.41 30.65		
5 Nashatawn Tangpong	9 SHS	1:01.90 SQ
29.96 31.94		
6 Hannah McEvers	12 CHS	1:01.99 SQ
29.78 32.21		
7 Emma Masseth	10 MHS	1:03.77 SQ
30.13 33.64		
8 Grace Upgren	10 LHS	1:03.85 SQ
30.47 33.38		
B - Final		
9 Audrina Chamberlin	7 WF	1:01.76 SQ
30.74 31.02		
10 Brooklyn Sauvageau	9 FS	1:02.47 SQ
30.47 32.00		
11 Ava Francis	9 MHS	1:03.03 SQ
30.18 32.85		
12 Taylor Laudal	10 SHEY	1:04.28 SQ
31.17 33.11		
13 Gabrielle Tack	11 GF	1:04.36 SQ
30.99 33.37		
14 Jayden Woodward	12 WHS	1:04.74 SQ
30.86 33.88		
15 Natalie Gramm	10 FN	1:05.64 SQ
31.88 33.76		
16 Ellistin Hendrickson	12 BW-ND	1:06.41 SQ
31.89 34.52		

ND Girls State Swimming & Diving 2025
Hulbert Aquatic Center
Results - Finals

Event 11 Girls 100 Yard Breaststroke

State: 1:02.70 * 11/12/2021 Erin Palmer
Girl HS Pool: 1:04.64 p 2024 Madeline VerDouw
US National: 59.20 ! 2005 Jessica Hardy
US Pub HS NT: 58.35 # 2020 Kaitlyn Dobler
1:06.29 1ST 1st Team All State
1:07.62 2ND 2nd Team All State
1:17.66 SQ State Qualifying

Name			YrSchool	Finals Time	
A - Final					
1	Madeline VerDouw		11 BHS	1:02.80p	1ST
	29.69	33.11			
2	Bethany Mehl		11 FS	1:03.57p	1ST
	30.35	33.22			
3	Unna Nelson		8 FN	1:05.51	1ST
	30.87	34.64			
4	Alexa Heckaman		12 SHS	1:06.29	1ST
	31.35	34.94			
5	Brooklyn Herrick		12 HHS	1:06.61	2ND
	31.17	35.44			
6	Madeline Bjerke		9 GF	1:07.22	2ND
	31.67	35.55			
7	Brooklyn Richards		11 CHS	1:07.76	SQ
	32.00	35.76			
8	Elizabeth Herrick		9 HHS	1:09.18	SQ
	32.43	36.75			
B - Final					
9	Berit Hillmer		12 FN	1:10.98	SQ
	33.22	37.76			
10	Clara Collins		9 FD	1:11.14	SQ
	33.81	37.33			
11	Elin Erickson		8 SHEY	1:11.25	SQ
	33.22	38.03			
12	Madisyn Lowe		9 CHS	1:12.27	SQ
	35.21	37.06			
13	Piper Freborg		12 LHS	1:12.48	SQ
	34.39	38.09			
14	Isla Burgr		8 BW-ND	1:13.41	SQ
	34.16	39.25			
15	Zoe Bahr		12 MNHS-ND	1:13.82	SQ
	35.41	38.41			
16	Juliana Dahl		10 WF	1:13.83	SQ
	34.39	39.44			

ND Girls State Swimming & Diving 2025

Hulbert Aquatic Center

Results - Finals

Event 12 Girls 400 Yard Freestyle Relay					(Event 12 Girls 400 Yard Freestyle Relay)				
State: 3:29.58 * 2020 Bismarck Century									
Duchscherer, Schuchard, Dorrheim, Palmer									
Girl HS Pool: 3:33.33 p 2022 Sheyenne									
M. Shea, B. Keney, L. McDonagh, T. Howell									
US National: 3:24.08 ! 1996 Jacksonville Bolles									
Ellis, Cail, Whitney, Berquist									
US Pub HS NT: 3:15.38 # 2015									
Team		Relay		Finals Time	Team		Relay		Finals Time
1	CHS			3:35.59 40	10	FS			3:53.90 14
	1) Molly Osadchy 10	2) Sienna Mrachek 12				1) Brooklyn Sauvageau 9	2) Elsie Becker 12		
	3) Abigail Jablonsky 12	4) Aubrey Caster 11				3) Ella Bourke 12	4) Bethany Mehl 11		
	25.89 53.34	25.95 54.09				28.23 58.19	29.10 1:00.38		
	25.41 53.30	25.84 54.86				28.02 1:00.20	26.35 55.13		
2	LHS			3:37.31 34	11	GF			3:55.40 12
	1) Brinley Steele 10	2) Grace Upgren 10				1) Kaidence Grimaud 11	2) Abigail Behm 10		
	3) Norah Sears 9	4) Lilyana Hochhalter 10				3) Addison Olson 12	4) Sasha Poltavski 11		
	26.32 54.31	26.33 55.99				27.75 57.46	28.16 59.76		
	25.45 54.06	24.89 52.95				28.10 59.78	27.92 58.40		
3	SHS			3:38.55 32	12	MNHS-ND			3:56.13 10
	1) Nashatawn Tangpong 9	2) Isla Rogne 10				1) Chloe Kraft 10	2) Jaina Yoder 11		
	3) Alexa Heckaman 12	4) Arianna Hoff 12				3) Ellia Gemar 11	4) Abigail Wake 10		
	26.58 56.66	26.26 54.63				27.72 58.13	29.60 1:01.67		
	26.86 56.13	24.22 51.13				27.34 58.22	27.37 58.11		
4	MIN			3:42.12 30	13	WHS			3:56.26 8
	1) Emily Dunstan 11	2) Kirby Quam 10				1) Audrey Tofte 8	2) Jolee Floyd 8		
	3) Sophia VonBokern 12	4) Samantha VonBokern 12				3) Jayden Woodward 12	4) Norah Pierce 9		
	26.65 55.69	26.86 56.93				28.23 58.65	27.82 1:00.22		
	26.79 57.54	24.21 51.96				27.98 59.69	27.56 57.70		
5	SHEY			3:42.54 28	14	FD			3:57.59 6
	1) Gabby Nilson 7	2) Elin Erickson 8				1) Lydia Potter 12	2) Alivia Szymanski 10		
	3) Ava Hoornaert 10	4) Evie Sevald 11				3) Paige Eichmann 8	4) Jessica Nygord 9		
	27.34 56.90	27.04				28.43 58.98	28.45 59.17		
		25.25 53.17				27.78 59.00	28.37 1:00.44		
*6	HHS			3:46.75 25	15	BHS			3:58.13 4
	1) Sophie Hetland 12	2) Elizabeth Herrick 9				1) Danielle Wescott 10	2) Aria Eberle 8		
	3) Brooklyn Herrick 12	4) Jocelyn Wettlaufer 11				3) Kennedy Ness 8	4) Jocelyn Jahner 12		
	28.42 59.31	27.57 57.25				27.66 57.22	27.74 59.00		
	27.06 56.12	25.47 54.07				28.37 1:00.06	28.32 1:01.85		
*6	DHS			3:46.75 25	16	WF			3:59.49 2
	1) Addison Wax 10	2) Molly Ellerkamp 11				1) Ella Amundson 11	2) Grace Ayers 7		
	3) Clancy Meyer 10	4) Makenna Tippet 10				3) Zoe Hettinger 8	4) Juliana Dahl 10		
	27.30 56.64	26.84 56.77				28.12 59.20	28.02 59.31		
	26.89 57.51	26.37 55.83				28.90 1:01.93	28.02 59.05		
8	FN			3:48.27 22					
	1) Merritt Butery 7	2) Eleanor Iversen 12							
	3) Nora Griffeth 8	4) Berit Hillmer 12							
	27.94 57.95	27.00 56.32							
	27.00 56.88	27.36 57.12							
9	MHS			3:51.59 18					
	1) Peyton Kienzle 10	2) Zoey Kienzle 10							
	3) Ava Francis 9	4) Emma Masseth 10							
	27.87 58.86	27.46 58.19							
	27.09 57.89	26.50 56.65							