

2024 Capital City Invite - 9/7/2024

Results

Event 1 Girls 200 Yard Medley Relay

Team	Relay	Finals Time
1 LHS	A	1:55.48 40
1) Tova Blikre 12	2) Abby Erickson 12	
3) Brinley Steele 9	4) Lilyana Hochhalter 9	
29.75 33.21	27.88 24.64	
2 MIN	A	1:55.78 34
1) Ava Williamson 12	2) Hailli Metzger 12	
3) Sam Vonbokern 11	4) Bostyn Edwards 12	
30.62 32.80	26.48 25.88	
3 WHS	A	1:56.74 32
1) Kara A Hansen	2) Audrey Tofte 7t	
3) Dru E Zander JR	4) Anika J Grunenwald	
31.24 33.32	26.30 25.88	
4 CHS	A	1:58.08 30
1) Kylie Duchsherer 12	2) Brooklyn Richards 10	
3) Abby Jablonsky 11	4) Aubrey Caster 10	
31.52 32.98	27.79 25.79	
5 CHS	B	2:04.47 22
1) Kiera Kuklok 9	2) Madi Lowe 8	
3) Hannah McEvers 11	4) Rowan Meberg Ewald 8	
32.20 35.28	28.21 28.78	
6 DHS	A	2:04.81 28
1) McKenna Mettler 12	2) Addie Wax 9	
3) Molly Ellerkamp 10	4) Hannah Meschke 12	
30.80 36.12	30.68 27.21	
7 MIN	B	2:05.16 18
1) Quam Kirby 9	2) Havanna Metzger 12	
3) Madisyn Racine 8	4) Hailee Valdez 11	
31.88 35.56	30.49 27.23	
8 MHS	A	2:05.59 26
1) Lynnea Jackson 11	2) Emma Masseth 9	
3) Morgan Walz 9	4) Grace Bugbee 10	
32.37 33.99	31.35 27.88	
9 MIN	C	x2:08.14
1) Ava Neumann 12	2) Zoe Bahr 12	
3) Lainey Martin 11	4) Chloe Kraft 9	
34.20 35.25	31.26 27.43	
10 LHS	B	2:08.27 14
1) Jillian Schick 12	2) Ellie Lacher 9	
3) Elizabeth Ellefson 12	4) Grace Upgren 9	
33.71 35.64	32.57 26.35	
11 WHS	B	2:10.10 12
1) Jayden M Woodward	2) Savanna Olsen	
3) Macey Crosland	4) Jolee Floyd 7t	
32.38 37.49	31.14 29.09	
12 BHS-ND	A	2:10.24 24
1) Lizzy Kerzman 12	2) Kallen Hintz 12	
3) Madeline VerDouw 10	4) Danielle Wescott 9	
35.16 37.58	29.62 27.88	
13 MHS	B	2:11.99 10
1) Ava Francis 8	2) Katelynn Kitzmann 10	
3) Grace Goettle 11	4) Peyton Kienzle 9	
30.23 39.45	33.79 28.52	
14 LHS	C	x2:17.81
1) Morgan Hocker 7	2) Gabby Wood 8	
3) Kadee McKenzie 11	4) Allyson Huber 8	
37.00 36.94	35.79 28.08	

15 WHS	C	x2:19.03
1) Brekyn Haugen	2) Susannah Schug	
3) Bella Carter	4) Ella Richards SR	
34.88 37.10	34.95 32.10	
16 DHS	B	2:20.60 8
1) Emily LaQua 11	2) Kendra Erickson 11	
3) Clancy Meyer 9	4) Rae Espinoza 08	
37.63 41.28	31.50 30.19	
17 MIN	D	x2:21.18
1) Ella Johnson 9	2) Greer Schaeffer 10	
3) Keira Miller 12	4) Cassidy King 12	
34.86 37.72	38.05 30.55	
18 MIN	E	x2:21.19
1) Leah Dokken 12	2) Autumn Steckler 12	
3) Danica Zerr 10	4) Vreelyn Fricke 10	
37.98 38.90	34.14 30.17	
19 BHS-ND	B	2:22.36 6
1) Addi Koch 12	2) Aubrey Vatnsdal 10	
3) Elizabeth Sikes 11	4) Aria Eberle 7	
39.13 41.26	33.95 28.02	
20 CHS	C	x2:24.28
1) Norah Walker 11	2) Sydney Richards 8	
3) Maya Clark 10	4) Ella Clark 10	
36.42 39.66	35.39 32.81	
21 DHS	C	x2:29.63
1) Sophia Kruc 9	2) Lola Kilwein 8	
3) Kayley Paintner 8	4) Hailey LaQua 11	
39.96 40.03	35.59 34.05	
22 LHS	D	x2:36.41
1) Brynlee Lorenz 8	2) Addy Steele 7	
3) Morgan Noonan 10	4) Piper Bennett 8	
39.72 41.70	39.90 35.09	
23 MHS	C	x2:41.96
1) Cadence Erhardt 11	2) Leigha Sarvis 9	
3) Iris Allen 8	4) Grace Hagens 9	
36.54 50.32	36.98 38.12	
24 CHS	D	x2:49.76
1) Bailee Buck Elk 10	2) Savannah Turner 7	
3) Nora Nairn 9	4) Thea Tucalo 7	
43.92 46.29	43.35 36.20	
--- BHS-ND	C	X2:42.21
1) BreAnna Mattern 9	2) Kennedy Ness 7	
3) Cambree Anderson 10	4) Jorja Klaudt 10	
39.87 45.07	40.56 36.71	
--- BHS-ND	D	X3:09.18
1) Lyric McChesney 7	2) Brooklyn Baumgartner 9	
3) Natalie Bullinger 7	4) Lily Parnell 9	
1:12.03 46.18	37.26 33.71	

Event 2 Girls 200 Yard Freestyle

	1:55.27	AS1
	1:57.58	AS2
	2:12.83	SQ
Name	YrSchool	Finals Time
1 Ava Williamson	12 MIN	2:09.28 SQ
29.65 33.01	33.36	33.26
2 Quam Kirby	9 MIN	2:09.39 SQ
29.91 33.11	33.36	33.01

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(Event 2 Girls 200 Yard Freestyle)

Name		YrSchool	Finals Time		
3	Anika J Grunenwald	WHS	2:09.66	SQ	
	29.21	33.15	34.09	33.21	
4	Joelle Knudson	9 CHS	2:10.22	SQ	
	29.47	33.06	34.28	33.41	
5	Addie Wax	9 DHS	2:11.96	SQ	
	30.05	32.71	34.47	34.73	
6	Norah Pierce	WHS	2:11.97	SQ	
	30.17	33.68	34.87	33.25	
7	Makenna Tippet	9 DHS	2:12.34	SQ	
	29.51	33.95	34.95	33.93	
8	Ava Neumann	12 MIN	2:12.92	11	
	30.63	33.46	34.49	34.34	
9	Jillian Schick	12 LHS	2:15.13	9	
	30.46	33.84	35.41	35.42	
10	Zoe Bahr	12 MIN	2:16.01	7	
	30.97	34.30	35.99	34.75	
11	Gabby Wood	8 LHS	2:17.22	6	
	31.39	35.00	36.27	34.56	
12	Danielle Wescott	9 BHS-ND	2:17.87	5	
	30.90	34.72	35.85	36.40	
13	Lynnea Jackson	11 MHS	2:19.70	4	
	30.52	35.47	37.66	36.05	
14	Ashlyn Brendel	10 LHS	2:20.41	3	
	31.48	35.46	36.83	36.64	
15	Piper Freborg	11 LHS	2:20.72	2	
	30.96	36.30	37.90	35.56	
*16	Chloe Kraft	9 MIN	x2:21.44		
	30.91	35.45	38.30	36.78	
*16	Kayley Paintner	8 DHS	2:21.44	1	
	31.29	35.67	38.31	36.17	
18	Madi Lowe	8 CHS	2:21.86		
	31.75	35.71	37.57	36.83	
19	Jayden M Woodward	WHS	2:22.57		
	31.38	35.99	37.91	37.29	
20	Ava Francis	8 MHS	2:23.33		
	32.06	36.96	37.76	36.55	
21	Cambria Bachmeier	7 LHS	x2:25.91		
	32.88	37.66	38.77	36.60	
22	Belle Fischer	9 LHS	x2:27.58		
	32.36	37.55	39.33	38.34	
23	Keira Miller	12 MIN	x2:28.68		
	33.48	37.52	38.96	38.72	
24	Aubrey Vatnsdal	10 BHS-ND	2:29.00		
	33.17	37.30	39.30	39.23	
25	Katelynn Kitzmann	10 MHS	2:33.37		
	34.11	38.11	40.29	40.86	
26	Grace Goettle	11 MHS	2:34.26		
	33.53	38.77	40.67	41.29	
27	Kennedy Ness	7 BHS-ND	2:36.92		
	34.62	40.84	41.76	39.70	
28	Iris Allen	8 MHS	x2:39.71		
	34.92	39.79	42.83	42.17	
29	BreAnna Mattern	9 BHS-ND	2:46.41		
	36.94	42.20	44.47	42.80	
30	Olyvia Geerdes	10 BHS-ND	x2:48.31		
	35.38	41.18	45.41	46.34	

31	Cambree Anderson	10 BHS-ND	x2:51.50		
	35.91	42.03	46.60	46.96	
32	Zoey Kienzle	9 MHS	x2:51.52		
	37.43	42.71	47.43	43.95	
33	Clara Mattern	7 CHS	2:52.05		
	37.13	44.04	47.02	43.86	
34	Kallen Hintz	12 BHS-ND	x2:54.33		
	38.08	44.28	46.23	45.74	
35	Jorja Klaudt	10 BHS-ND	x2:57.28		
	40.25	45.99	46.37	44.67	
36	Morgan Kerzman	9 BHS-ND	x3:00.30		
	36.53	41.79	53.83	48.15	
37	Addysen Becker	9 MHS	x3:11.17		
	36.23	46.32	54.61	54.01	
---	Hailey LaQua	11 DHS	X2:45.18		
	36.60	41.57	44.94	42.07	
---	Brooklyn Baumgartner	9 BHS-ND	NS		
---	Addi Koch	12 BHS-ND	NS		
---	Grace Hagens	9 MHS	NS		

Event 3 Girls 200 Yard IM

		2:11.01	AS1		
		2:13.63	AS2		
		2:30.71	SQ		
Name		YrSchool	Finals Time		
1	Brinley Steele	9 LHS	2:22.86	SQ	
	29.95	35.19	44.26	33.46	
2	Molly Osadchy	9 CHS	2:23.95	SQ	
	29.33	36.18	45.41	33.03	
3	Taylor Miller	12 DHS	2:24.32	SQ	
	29.96	36.60	43.26	34.50	
4	Kiera Kuklok	9 CHS	2:28.17	SQ	
	30.94	37.17	43.99	36.07	
5	Bostyn Edwards	12 MIN	2:28.73	SQ	
	30.89	37.95	45.58	34.31	
6	Audrey Tofte	7t WHS	2:29.09	SQ	
	31.45	37.24	44.31	36.09	
7	Sophia VonBokern	11 MIN	2:29.58	SQ	
	30.15	37.64	46.62	35.17	
8	Emma Masseth	9 MHS	2:29.64	SQ	
	31.30	37.92	44.75	35.67	
9	Madisyn Racine	8 MIN	2:29.85	SQ	
	31.09	39.19	45.27	34.30	
10	Brooklyn Richards	10 CHS	2:31.32	7	
	34.88	39.19	41.26	35.99	
11	Braelynn Tofte	WHS	2:33.01	6	
	32.97	39.39	46.30	34.35	
12	Kylie Duchsherer	12 CHS	2:34.00	5	
	31.26	37.17	47.51	38.06	
13	Ella Johnson	9 MIN	2:35.91	4	
	32.08	39.47	47.85	36.51	
14	McKenna Mettler	12 DHS	2:37.01	3	
	30.40	37.54	51.25	37.82	
15	Havanna Metzger	12 MIN	x2:41.81		
	35.11	42.63	46.05	38.02	
16	Morgan Hocker	7 LHS	2:47.09	2	
	36.23	42.34	48.68	39.84	

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(Event 3 Girls 200 Yard IM)

Name		YrSchool		Finals Time	
17	Corinne Lindsey	11	MHS	2:48.69	1
	35.31	42.78	52.70	37.90	
18	Bella Carter		WHS	2:49.49	
	38.56	43.01	49.99	37.93	
19	Catherine Lindsey	7	MHS	2:55.38	
	36.93	44.73	56.08	37.64	
20	Lola Kilwein	8	DHS	3:00.08	
	41.19	50.30	47.54	41.05	
21	Olivia Lange-Gagne	10	MIN	x3:09.06	
	36.23	49.07	1:02.24	41.52	
22	Grace Opolka	8	MHS	3:19.23	
	46.05	48.17	1:01.48	43.53	
23	Ryleigh Larson	7	MHS	x3:32.19	
	48.79	52.51	1:02.71	48.18	
24	Lenora Thomas	7	MHS	x3:37.42	
	47.00	53.75	1:10.30	46.37	
25	Leigha Sarvis	9	MHS	x4:03.89	
	52.00	1:04.85	1:12.93	54.11	
---	Aria Eberle	7	BHS-ND	DQ	
	35.13	45.68	54.33	43.75	

Event 4 Girls 50 Yard Freestyle

24.20 AS1
24.68 AS2
27.21 SQ

Name		YrSchool		Finals Time	
1	Sam Vonbokern	11	MIN	24.48	AS2
2	Dru E Zander	JR	WHS	24.80	SQ
3	Lilyana Hochhalter	9	LHS	25.42	SQ
4	Emily Dunstan	10	MIN	25.51	SQ
5	Madeline VerDouw	10	BHS-ND	26.02	SQ
6	Sienna Mrachek	11	CHS	26.09	SQ
7	Aubrey Caster	10	CHS	26.10	SQ
8	Tova Blikre	12	LHS	26.41	SQ
9	Norah Sears	8	LHS	26.53	SQ
10	Molly Ellerkamp	10	DHS	27.50	7
*11	Abby Wake	9	MIN	27.60	5.5
*11	Susannah Schug		WHS	27.60	5.5
13	Hailee Valdez	11	MIN	27.71	4
14	Clancy Meyer	9	DHS	27.81	3
15	Allyson Huber	8	LHS	28.03	2
16	Hannah Meschke	12	DHS	28.07	1
17	Ellie Lacher	9	LHS	x28.13	
18	Peyten Kienzle	9	MHS	28.21	
19	Grace Bugbee	10	MHS	28.41	
20	Kara A Hansen		WHS	28.54	
21	Ellia Gemar	10	MIN	x28.55	
22	Macey Crosland		WHS	28.57	
23	Katie Anderson	9	MIN	x28.77	
24	Caelin Flaten	12	MIN	x28.78	
25	Rowan Meberg Ewald	8	CHS	28.86	
26	Leah Dokken	12	MIN	x29.49	
27	Greer Schaeffer	10	MIN	x29.59	
28	Elizabeth Ellefson	12	LHS	x29.93	
29	Danica Zerr	10	MIN	x29.99	
30	Brekyn Haugen		WHS	x30.01	

31	Alynn Buck Elk	12	CHS	30.29	
32	Jerni Betsill	12	BHS-ND	30.65	
33	Vreelyn Fricke	10	MIN	x30.73	
34	Kassidy King	12	MIN	x30.76	
35	Malayna Gerhardt	11	MHS	31.00	
36	Elizabeth Sikes	11	BHS-ND	31.10	
37	Norah Walker	11	CHS	x31.11	
38	Lizzy Kerzman	12	BHS-ND	31.13	
39	Juno Zimmerman		WHS	x31.49	
40	Genevieve Meier	9	MIN	x31.65	
41	Maya Clark	10	CHS	x31.88	
42	Allie Delaney		WHS	x31.89	
43	Ella Richards	SR	WHS	x32.09	
44	Sydney Lyman	10	MIN	x32.13	
45	Brynlee Lorenz	8	LHS	x32.20	
46	Emily LaQua	11	DHS	32.55	
*47	Ella Kuklok	7	CHS	x32.80	
*47	Isabelle Aberle	12	MIN	x32.80	
49	Nora Nairn	9	CHS	x33.20	
50	Morgan Noonan	10	LHS	x33.21	
51	Hailey Snider		WHS	x33.79	
52	Valarosa Bloom	9	MIN	x33.85	
53	Lily Parnell	9	BHS-ND	x33.88	
54	Charlee Storm		WHS	x34.17	
55	Emily Kerschion		WHS	x35.16	
56	Charley Clark		WHS	x35.21	
57	Emma McCoy		WHS	x35.93	
58	Thea Tucalo	7	CHS	x36.86	
59	Lillian Nelson		WHS	x37.03	
60	Dallas Morris	SR	WHS	x37.31	
61	Bailee Buck Elk	10	CHS	x38.03	
62	Charli Grosz	7	BHS-ND	x38.39	
63	Jasmine McKenzie		WHS	x38.41	
64	Lizzy Campbell	7t	WHS	x38.52	
65	Kaia Larson		WHS	x51.02	
66	Kyla Clark	7t	WHS	x55.74	
67	Whitney Purvis	SO	WHS	x1:01.55	
68	Lyric McChesney	7	BHS-ND	x1:06.42	
---	Rae Espinoza	08	DHS	X29.57	
---	Arianna Harbin	07	DHS	X34.96	
---	Hannah Bozovsky	10	DHS	X37.94	
---	Gwen Herrig	07	DHS	X46.21	
---	Jolee Floyd	7t	WHS	DQ	

Event 5 Girls 1 mtr Diving

Name		YrSchool		Finals Score	
1	Haley Conklin	12	MIN	445.30	20
2	Bergen Gracyn	10	MIN	332.55	17
3	Katelyn G Kolness		WHS	331.40	16
4	Ellie DeForest	11	BHS-ND	303.20	15
5	Brenna Jo Wolbaum	12	DHS	302.60	14
6	Stella Brandt	10	BHS-ND	298.95	13
7	Lenora Arnold	FR	WHS	295.65	12
8	Abi Ricketts	11	MHS	285.70	11
9	Danica Stolba	8	MIN	278.65	9
10	Kylie Brew	10	MHS	266.10	7
11	Ave Conejo	12	MIN	265.45	6
12	Julia Graff	8	MHS	264.95	5

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(Event 5 Girls 1 mtr Diving)

Name	YrSchool	Finals Score
13 Marabell Seibel	11 MHS	249.35 4
14 Brielle Hochhalter	12 LHS	247.55 3
15 Samantha Paintner	9 DHS	237.85 2
16 Kaydence Haider	11 CHS	217.05 1
--- Alyssa Schmit	11 CHS	X223.75
--- Anna Bierman	9 DHS	X221.25
--- Bree Wilmes	11 CHS	X181.45
--- Trystal Hermanson	8 MHS	X130.35
--- Olivia Beck	10 MHS	X120.85
--- Kaylee Nistler	9 CHS	X118.65
--- Emersen Brousseau	11 LHS	X71.40
--- Esmae Helmer	07 DHS	X58.85
--- Kylie Stahl	10 CHS	X22.10
--- Olivia Bettenhausen	12 BHS-ND	XDQ
--- Emily Anderson	9 CHS	XDQ
--- Nichole Sikes	9 BHS-ND	NS
--- Grace Nicolai	12 BHS-ND	NS

Event 6 Girls 100 Yard Butterfly

	59.06	AS1
	1:00.24	AS2
	1:08.95	SQ
Name	YrSchool	Finals Time
1 Sam Vonbokern	11 MIN	59.59 AS2
	27.16	32.43
2 Molly Osadchy	9 CHS	1:02.45 SQ
	29.05	33.40
3 Abby Jablonsky	11 CHS	1:03.24 SQ
	28.86	34.38
4 Hannah McEvers	11 CHS	1:06.68 SQ
	30.46	36.22
5 Caelin Flaten	12 MIN	1:09.97 14
	32.74	37.23
6 Ella Johnson	9 MIN	1:10.86 13
	33.17	37.69
7 Grace Uppgren	9 LHS	1:11.06 12
	32.10	38.96
8 Molly Ellerkamp	10 DHS	1:12.88 11
	31.10	41.78
9 Lainey Martin	11 MIN	1:13.94 9
	33.18	40.76
10 Jayden M Woodward	WHS	1:16.16 7
	34.49	41.67
11 Corinne Lindsey	11 MHS	1:18.06 6
	35.24	42.82
12 Ella Clark	10 CHS	1:23.92 5
	37.70	46.22
13 Kendra Erickson	11 DHS	1:24.06 4
	36.64	47.42
14 Cadence Erhardt	11 MHS	1:29.28 3
	39.65	49.63

Event 7 Girls 100 Yard Freestyle

	53.39	AS1
	54.46	AS2
	1:00.66	SQ
Name	YrSchool	Finals Time
1 Dru E Zander	JR WHS	55.28 SQ
	26.89	28.39
2 Emily Dunstan	10 MIN	56.38 SQ
	26.99	29.39
3 Madeline VerDouw	10 BHS-ND	56.43 SQ
	27.47	28.96
4 Taylor Miller	12 DHS	57.14 SQ
	27.05	30.09
5 Aubrey Caster	10 CHS	58.63 SQ
	27.69	30.94
6 Audrey Tofte	7t WHS	59.59 SQ
	28.78	30.81
7 Norah Pierce	WHS	59.89 SQ
	28.70	31.19
8 Madisyn Racine	8 MIN	1:00.22 SQ
	29.40	30.82
9 Hailli Metzger	12 MIN	1:00.48 SQ
	29.61	30.87
10 Quam Kirby	9 MIN	1:00.73 7
	28.53	32.20
11 Ellie Lacher	9 LHS	1:01.09 6
	29.49	31.60
12 Braelynn Tofte	WHS	1:01.31 5
	30.15	31.16
13 Clancy Meyer	9 DHS	1:01.40 4
	28.93	32.47
14 Hannah Meschke	12 DHS	1:01.45 3
	28.93	32.52
15 Hailee Valdez	11 MIN	x1:02.72
	29.24	33.48
16 Danielle Wescott	9 BHS-ND	1:02.79 2
	29.43	33.36
17 Leah Dokken	12 MIN	x1:05.14
	31.69	33.45
18 Katie Anderson	9 MIN	x1:05.23
	30.83	34.40
19 Grace Bugbee	10 MHS	1:05.40 1
	29.27	36.13
20 Savanna Olsen	WHS	x1:05.52
	30.78	34.74
21 Alynna Buck Elk	12 CHS	1:05.58
	30.72	34.86
22 Elizabeth Ellefson	12 LHS	1:06.33
	32.03	34.30
23 Macey Crosland	WHS	x1:06.47
	31.63	34.84
24 Cambria Bachmeier	7 LHS	1:06.53
	31.84	34.69
25 Natalie Bullinger	7 BHS-ND	1:07.77
	32.80	34.97
26 Keira Miller	12 MIN	x1:07.80
	32.00	35.80

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(Event 7 Girls 100 Yard Freestyle)

Name		YrSchool	Finals Time
27	Aria Eberle	7 BHS-ND	1:07.92
	32.32	35.60	
28	Addison Elsbernd	JR WHS	x1:08.02
	32.08	35.94	
29	Malayna Gerhardt	11 MHS	1:08.14
	32.24	35.90	
30	Grace Goettle	11 MHS	1:09.60
	32.69	36.91	
31	Kadee McKenzie	11 LHS	1:09.71
	33.59	36.12	
*32	Kennedy Ness	7 BHS-ND	x1:09.85
	33.28	36.57	
*32	Catherine Lindsey	7 MHS	1:09.85
	32.67	37.18	
34	Olivia Lange-Gagne	10 MIN	x1:10.04
	31.28	38.76	
35	Lizzy Kerzman	12 BHS-ND	x1:10.08
	33.87	36.21	
36	Mya Becker	12 MHS	x1:10.54
	32.88	37.66	
37	Genevieve Meier	9 MIN	x1:11.23
	33.87	37.36	
38	Isabelle Aberle	12 MIN	x1:11.96
	34.34	37.62	
39	Allie Delaney	WHS	x1:12.33
	34.15	38.18	
40	Addy Steele	7 LHS	x1:12.71
	34.07	38.64	
41	Alexis Hanson	WHS	x1:12.90
	35.09	37.81	
42	Sydney Richards	8 CHS	1:13.13
	33.86	39.27	
43	Piper Bennett	8 LHS	x1:13.68
	35.17	38.51	
44	Addi Koch	12 BHS-ND	x1:13.86
	33.16	40.70	
45	Brooklyn Baumgartner	9 BHS-ND	x1:14.70
	35.34	39.36	
46	Ella Kuklok	7 CHS	1:15.85
	34.63	41.22	
47	Norah Grunenwald	WHS	x1:15.94
	36.42	39.52	
48	Autumn Steckler	12 MIN	x1:16.65
	34.99	41.66	
49	Valarosa Bloom	9 MIN	x1:18.42
	36.24	42.18	
50	Emily Kerschion	WHS	x1:18.69
	35.90	42.79	
51	Lily Parnell	9 BHS-ND	x1:19.12
	37.73	41.39	
52	Lenora Thomas	7 MHS	x1:19.50
	38.01	41.49	
53	Hailey Snider	WHS	x1:19.56
	38.21	41.35	
54	Kallen Hintz	12 BHS-ND	x1:20.00
	36.80	43.20	

55	Emma McCoy	WHS	x1:23.39
	39.12	44.27	
56	Destiny Ingebritson-Rogers	FR WHS	x1:23.71
	39.25	44.46	
57	Savannah Turner	7 CHS	x1:23.81
	39.58	44.23	
58	Dallas Morris	SR WHS	x1:27.09
	40.67	46.42	
59	Lizzy Campbell	7t WHS	x1:28.45
	39.85	48.60	
60	Ryleigh Larson	7 MHS	x1:28.67
61	Leigha Sarvis	9 MHS	x1:30.40
	40.80	49.60	
62	Lillian Nelson	WHS	x1:31.02
	41.57	49.45	
63	Jasmine McKenzie	WHS	x1:32.87
	43.96	48.91	
64	Thea Tucalo	7 CHS	x1:33.17
	37.33	55.84	
65	Charli Grosz	7 BHS-ND	x1:33.34
	42.35	50.99	
66	Kyla Clark	7t WHS	x1:46.97
	49.27	57.70	
67	Kaia Larson	WHS	x1:59.04
68	Lyric McChesney	7 BHS-ND	x2:26.80
	1:06.80	1:20.00	
69	Whitney Purvis	SO WHS	x2:26.93
	1:05.74	1:21.19	
---	Rae Espinoza	08 DHS	X1:07.48
	32.27	35.21	
---	Sophia Kruc	9 DHS	X1:15.92
	34.88	41.04	
---	Arianna Harbin	07 DHS	X1:27.08
	39.97	47.11	
---	Hannah Bozovsky	10 DHS	X1:29.32
	42.19	47.13	
---	Gwen Herrig	07 DHS	X1:54.91
	50.17	1:04.74	

Event 8 Girls 500 Yard Freestyle

		5:17.02	AS1
		5:23.36	AS2
		6:00.04	SQ
Name		YrSchool	Finals Time
1	Sienna Mrachek	11 CHS	5:34.82 SQ
	28.77	31.74	33.28 33.96
	34.16	34.47	34.78 34.94
	34.73	33.99	
2	Tova Blikre	12 LHS	5:41.29 SQ
	28.81	32.29	33.46 34.35
	34.74	35.55	35.65 36.11
	35.85	34.48	
3	Abby Erickson	12 LHS	5:45.57 SQ
	30.72	33.77	34.68 34.72
	34.41	34.34	35.11 35.68
	35.88	36.26	

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Results

(Event 8 Girls 500 Yard Freestyle)				
Name		YrSchool	Finals Time	
4	Joelle Knudson	9 CHS	5:50.34	SQ
	30.20	33.99	35.00	35.58
	35.87	35.87	36.41	36.57
	36.33	34.52		
5	Makenna Tippet	9 DHS	5:51.63	SQ
	30.05	34.26	35.44	35.84
	35.56	36.28	36.02	36.68
	36.40	35.10		
6	Morgan Walz	9 MHS	5:53.56	SQ
	31.10	35.15	34.44	34.72
	35.45	35.99	36.78	36.97
	37.17	35.79		
7	Ava Neumann	12 MIN	5:57.71	SQ
	32.00	34.72	35.34	35.74
	36.58	36.24	36.89	37.10
	37.02	36.08		
8	Kayley Paintner	8 DHS	6:13.55	11
	32.89	37.39	37.42	37.57
	37.94	38.11	37.53	38.32
	38.82	37.56		
9	Chloe Kraft	9 MIN	6:16.11	9
	32.34	37.37	38.27	38.47
	38.30	38.43	39.36	39.57
	38.68	35.32		
10	Rowan Meberg Ewald	8 CHS	6:16.97	7
	33.04	35.65	36.41	37.65
	38.54	38.87	39.19	39.09
	39.42	39.11		
11	Ava Francis	8 MHS	6:27.13	6
	33.62	37.63	39.98	38.88
	40.08	39.25	40.08	40.26
	39.42	37.93		
12	Ella Richards	SR WHS	6:33.37	5
	34.15	38.28	39.60	40.31
	40.58	40.60	40.51	40.63
	39.97	38.74		
13	Abby Wake	9 MIN	7:04.59	4
	31.98	39.62	42.54	43.72
	44.31	45.60	45.69	46.78
	44.09	40.26		
14	Elizabeth Sikes	11 BHS-ND	7:21.26	3
	35.92	43.06	45.26	47.48
	45.52	45.04	45.25	45.82
	46.09	41.82		
15	Morgan Noonan	10 LHS	7:21.41	2
	39.36	44.89	44.66	45.22
	45.15	45.60	46.19	44.81
	44.70	40.83		
16	Clara Mattern	7 CHS	7:36.32	1
	38.68	46.56	46.62	46.61
	46.94	46.42	47.03	48.09
	45.84	43.53		
---	Kambree Draper	11 LHS	X5:24.96	SQ
	28.06	31.15	32.19	32.57
	32.80	33.78	33.40	33.77
	33.99	33.25		

Event 9 Girls 200 Yard Freestyle Relay				
Team		Relay	Finals Time	
1	LHS	A	1:43.42	40
	1) Lilyana Hochhalter 9	2) Brinley Steele 9		
	3) Tova Blikre 12	4) Abby Erickson 12		
	25.67	26.38	25.82	25.55
2	MIN	A	1:44.52	34
	1) Bostyn Edwards 12	2) Emily Dunstan 10		
	3) Sophia VonBokern 11	4) Ava Williamson 12		
	26.55	25.55	26.59	25.83
3	CHS	A	1:44.78	32
	1) Aubrey Caster 10	2) Abby Jablonsky 11		
	3) Molly Osadchy 9	4) Sienna Mrachek 11		
	26.81	25.89	26.20	25.88
4	WHS	A	1:45.90	30
	1) Anika J Grunenwald	2) Audrey Tofte 7t		
	3) Braelynn Tofte	4) Dru E Zander JR		
	27.25	27.16	26.89	24.60
5	DHS	A	1:49.53	28
	1) Taylor Miller 12	2) Makenna Tippet 9		
	3) Molly Ellerkamp 10	4) Addie Wax 9		
	26.50	27.58	27.84	27.61
6	MHS	A	1:51.79	26
	1) Grace Bugbee 10	2) Lynnea Jackson 11		
	3) Corinne Lindsey 11	4) Emma Masseth 9		
	28.89	27.43	28.59	26.88
7	CHS	B	1:53.81	22
	1) Joelle Knudson 9	2) Alynna Buck Elk 12		
	3) Rowan Meberg Ewald 8	4) Hannah McEvers 11		
	28.21	29.81	29.67	26.12
8	LHS	B	1:54.33	18
	1) Norah Sears 8	2) Piper Freborg 11		
	3) Gabby Wood 8	4) Cambria Bachmeier 7		
	26.69	28.71	29.19	29.74
9	MIN	B	1:54.90	14
	1) Zoe Bahr 12	2) Caelin Flaten 12		
	3) Havanna Metzger 12	4) Hailee Valdez 11		
	27.76	28.21	30.16	28.77
10	WHS	B	1:56.74	12
	1) Jayden M Woodward	2) Jolee Floyd 7t		
	3) Savanna Olsen	4) Norah Pierce		
	29.36	29.97	29.45	27.96
11	MIN	C	x1:58.24	
	1) Cassidy King 12	2) Danica Zerr 10		
	3) Ellia Gemar 10	4) Abby Wake 9		
	30.79	29.99	28.79	28.67
*12	CHS	C	x2:02.07	
	1) Kiera Kuklok 9	2) Brooklyn Richards 10		
	3) Clara Mattern 7	4) Sydney Richards 8		
	28.30	28.06	33.50	32.21
*12	DHS	B	2:02.07	10
	1) McKenna Mettler 12	2) Rae Espinoza 08		
	3) Emily LaQua 11	4) Kendra Erickson 11		
	28.94	31.18	32.47	29.48
14	MIN	D	x2:02.72	
	1) Isabelle Aberle 12	2) Katie Anderson 9		
	3) Olivia Lange-Gagne 10	4) Greer Schaeffer 10		
	32.21	30.08	30.68	29.75

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Results									
(Event 9 Girls 200 Yard Freestyle Relay)					4	Kara A Hansen		WHS	1:07.86 SQ
Team		Relay		Finals Time		32.70	35.16		
15	LHS	C		x2:03.36	5	Emma Masseth		9 MHS	1:08.41 SQ
	1) Ashlyn Brendel 10	2) Piper Bennett 8				33.24	35.17		
	3) Morgan Hocker 7	4) Belle Fischer 9			6	Kylie Duchsherer		12 CHS	1:08.60 SQ
	29.39 34.49	29.53 29.95				32.89	35.71		
16	BHS-ND	A		2:05.52 24	7	Sophia VonBokern		11 MIN	1:09.23 12
	1) Aria Eberle 7	2) Jerni Betsill 12				32.90	36.33		
	3) Addi Koch 12	4) Olyvia Geerdes 10			8	Allyson Huber		8 LHS	1:11.84 11
	29.81 32.36	31.80 31.55				34.59	37.25		
17	MHS	B		2:08.13 8	9	Jillian Schick		12 LHS	1:12.23 9
	1) Mya Becker 12	2) Malayna Gerhardt 11				34.69	37.54		
	3) Grace Goettle 11	4) Katelynn Kitzmann 10			10	Gabby Wood		8 LHS	1:12.69 7
	34.40 31.94	31.11 30.68				36.09	36.60		
18	MIN	E		x2:12.10	11	Madi Lowe		8 CHS	1:15.20 6
	1) Sydney Lyman 10	2) Autumn Steckler 12				36.76	38.44		
	3) Genevieve Meier 9	4) Valarosa Bloom 9			12	Kassidy King		12 MIN	1:15.21 5
	32.30 33.05	35.54 31.21				36.77	38.44		
19	WHS	C		x2:12.78	13	Natalie Bullinger		7 BHS-ND	1:16.27 4
	1) Ella Richards SR	2) Alexis Hanson				37.08	39.19		
	3) Charlee Storm	4) Allie Delaney			14	Brekyn Haugen		WHS	1:16.80 3
	32.95 33.43	34.03 32.37				37.00	39.80		
20	BHS-ND	B		2:13.84 6	15	Piper Freborg		11 LHS	1:17.94 2
	1) Kennedy Ness 7	2) Lily Parnell 9				37.09	40.85		
	3) BreAnna Mattern 9	4) Brooklyn Baumgartner 9			16	Lainey Martin		11 MIN	1:18.24 1
	32.34 35.59	33.50 32.41				37.67	40.57		
21	MHS	C		x2:17.02	17	Katelynn Kitzmann		10 MHS	1:19.15
	1) Addysen Becker 9	2) Grace Hagens 9				38.22	40.93		
	3) Zoey Kienzle 9	4) Grace Opolka 8			18	Bella Carter		WHS	1:19.90
	35.94 37.89	30.72 32.47				38.85	41.05		
22	WHS	D		x2:19.94	19	Norah Walker		11 CHS	1:20.05
	1) Hailey Snider	2) Norah Grunenwald				38.02	42.03		
	3) Juno Zimmerman	4) Emma McCoy			20	Iris Allen		8 MHS	1:20.11
	35.92 35.41	31.86 36.75				39.33	40.78		
23	CHS	D		x2:27.47	21	Aubrey Vatnsdal		10 BHS-ND	1:21.19
	1) Ella Kuklok 7	2) Bailee Buck Elk 10				39.12	42.07		
	3) Savannah Turner 7	4) Thea Tucalo 7			22	Peyten Kienzle		9 MHS	1:21.42
	33.44 38.84	37.68 37.51				37.92	43.50		
24	DHS	C		x2:45.05	23	Maya Clark		10 CHS	1:21.74
	1) Hannah Bozovsky 10	2) Sophia Kruc 9				39.27	42.47		
	3) Gwen Herrig 07	4) Arianna Harbin 07			24	Mya Becker		12 MHS	x1:22.12
	41.20 22.00	1:04.85 37.00				39.68	42.44		
---	BHS-ND	C		X2:17.19	25	Kadee McKenzie		11 LHS	x1:22.78
	1) Cambree Anderson 10	2) Morgan Kerzman 9				39.96	42.82		
	3) Kallen Hintz 12	4) Charli Grosz 7			26	Hailey LaQua		11 DHS	1:23.16
	31.03 32.65	33.93 39.58				40.47	42.69		
---	BHS-ND	D		XNS	27	Ella Clark		10 CHS	x1:25.46
						41.64	43.82		
Event 10 Girls 100 Yard Backstroke					28	Brynlee Lorenz		8 LHS	x1:25.59
	58.68 AS1					41.45	44.14		
	59.85 AS2				29	Piper Bennett		8 LHS	x1:26.79
	1:08.84 SQ					42.75	44.04		
Name		YrSchool		Finals Time	30	Norah Grunenwald		WHS	x1:27.07
1	Ava Williamson	12	MIN	1:04.45 SQ		42.97	44.10		
	31.12 33.33				31	Sophia Kruc		9 DHS	1:27.99
2	McKenna Mettler	12	DHS	1:06.47 SQ		43.09	44.90		
	32.33 34.14				32	Charlee Storm		WHS	x1:28.52
3	Anika J Grunenwald		WHS	1:07.83 SQ		43.54	44.98		
	32.88 34.95								

Results

[Event 10 Girls 100 Yard Backstroke]						[Event 11 Girls 100 Yard Breaststroke]									
Name		YrSchool		Finals Time		Name		YrSchool		Finals Time					
33	Addy Steele	43.18	45.72	7	LHS	x1:28.90	14	Lilyana Hochhalter	37.82	43.16	9	LHS	1:20.98	3	
34	Nora Nairn	44.69	46.07	9	CHS	x1:30.76	15	Havanna Metzger	36.70	44.42	12	MIN	1:21.12	2	
35	Olyvia Geerdes	43.81	47.11	10	BHS-ND	1:30.92	16	Susannah Schug	37.76	44.91		WHS	1:22.67	1	
36	ZoeY Kienzle	44.51	46.75	9	MHS	x1:31.26	17	Grace Upgren	38.29	44.54	9	LHS	x1:22.83		
37	Grace Hagens	43.36	49.04	9	MHS	x1:32.40	18	Greer Schaeffer	38.50	44.69	10	MIN	x1:23.19		
38	Alexis Hanson	46.94	48.39		WHS	x1:35.33	19	Ellia Gemar	38.56	44.74	10	MIN	x1:23.30		
39	Morgan Kerzman	48.61	46.81	9	BHS-ND	1:35.42	20	Cadence Erhardt	38.41	45.54	11	MHS	1:23.95		
40	Cambree Anderson	45.96	50.95	10	BHS-ND	x1:36.91	21	Lynnea Jackson	39.17	45.75	11	MHS	1:24.92		
41	Destiny Ingebritson-Rogers			FR	WHS	x1:37.80	22	Addison Elsbernd	39.66	45.86	JR	WHS	1:25.52		
42	Charley Clark	47.81	51.34		WHS	x1:39.15	23	Sydney Richards	40.29	45.46	8	CHS	x1:25.75		
43	Jorja Klaudt	49.87	55.53	10	BHS-ND	x1:45.40	24	Morgan Hocker	40.64	45.28	7	LHS	x1:25.92		
---	Kambree Draper	31.63	33.01	11	LHS	X1:04.64	SQ	25	Sydney Lyman	40.20	46.69	10	MIN	x1:26.89	
Event 11 Girls 100 Yard Breaststroke						26	Jolee Floyd	41.06	46.44	7t	WHS	1:27.50			
						27	Ashlyn Brendel	41.01	47.28	10	LHS	x1:28.29			
						28	Autumn Steckler	41.35	47.78	12	MIN	x1:29.13			
						29	Vreelyn Fricke	41.67	47.88	10	MIN	x1:29.55			
1	Hailli Metzger	33.49	38.49	12	MIN	1:11.98	SQ	30	Kendra Erickson	41.69	48.03	11	DHS	1:29.72	
2	Norah Sears	35.05	38.80	8	LHS	1:13.85	SQ	31	Lola Kilwein	42.14	47.63	8	DHS	1:29.77	
3	Bostyn Edwards	34.46	39.72	12	MIN	1:14.18	SQ	32	Danica Zerr	42.80	48.73	10	MIN	x1:31.53	
4	Brooklyn Richards	35.23	39.32	10	CHS	1:14.55	SQ	33	Belle Fischer	43.63	49.71	9	LHS	x1:33.34	
5	Abby Erickson	35.87	40.20	12	LHS	1:16.07	SQ	34	Juno Zimmerman	44.92	51.56		WHS	x1:36.48	
6	Abby Jablonsky	36.06	40.70	11	CHS	1:16.76	SQ	35	Bailee Buck Elk	46.10	50.39	10	CHS	x1:36.49	
7	Kiera Kuklok	36.87	41.17	9	CHS	1:18.04	SQ	36	Jerni Betsill	46.31	53.89	12	BHS-ND	1:40.20	
8	Morgan Walz	36.87	41.73	9	MHS	1:18.60	11	37	Grace Opolka	47.99	54.88	8	MHS	1:42.87	
9	Brinley Steele	37.69	41.37	9	LHS	1:19.06	9	38	Savannah Turner	49.21	56.94	7	CHS	x1:46.15	
10	Zoe Bahr	38.29	41.37	12	MIN	1:19.66	7	39	Addysen Becker	49.13	59.24	9	MHS	x1:48.37	
11	Addie Wax	37.84	42.14	9	DHS	1:19.98	6	40	Emily LaQua	51.88	59.16	11	DHS	1:51.04	
12	Savanna Olsen	37.41	42.74		WHS	1:20.15	5	41	BreAnna Mattern	50.63	1:00.47	9	BHS-ND	1:51.10	
13	Hannah McEvers	37.13	43.11	11	CHS	1:20.24	4								

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Results									
Event 12 Girls 400 Yard Freestyle Relay					12	CHS	B	4:34.60	12
Team		Relay		Finals Time	1)	Madi Lowe 8	2)	Maya Clark 10	
1	MIN	A		3:49.44	40	3)	Ella Clark 10	4)	Alynnna Buck Elk 12
	1) Emily Dunstan 10	2)	Quam Kirby 9			31.59	1:06.00	33.05	1:10.74
	3) Sophia VonBokern 11	4)	Sam Vonbokern 11			33.99	1:12.87	30.77	1:04.99
	27.09	57.59	27.47	58.79					
	27.54	59.16	25.21	53.90					
2	CHS	A		3:52.32	34	13	BHS-ND	B	4:37.54
	1) Sienna Mrachek 11	2)	Kylie Duchsherer 12			1)	Lizzy Kerzman 12	2)	Natalie Bullinger 7
	3) Joelle Knudson 9	4)	Molly Osadchy 9			3)	Aubrey Vatnsdal 10	4)	Elizabeth Sikes 11
	27.77	57.37	27.73	59.76			33.43	1:10.74	32.11
	27.66	58.47	27.13	56.72			31.82	1:07.86	34.29
3	LHS	A		4:01.54	32	14	MIN	E	x4:40.10
	1) Ellie Lacher 9	2)	Allyson Huber 8			1)	Vreelyn Fricke 10	2)	Leah Dokken 12
	3) Norah Sears 8	4)	Grace Upgren 9			3)	Sydney Lyman 10	4)	Katie Anderson 9
	29.35	1:01.00	29.62	1:02.66			34.84	1:45.64	33.95
	28.37	58.92	27.71	58.96			38.47	1:09.21	37.06
4	DHS	A		4:03.83	30	15	MIN	D	x4:41.41
	1) Taylor Miller 12	2)	Hannah Meschke 12			1)	Keira Miller 12	2)	Abby Wake 9
	3) Clancy Meyer 9	4)	Makenna Tippet 9			3)	Olivia Lange-Gagne 10	4)	Isabelle Aberle 12
	27.97	58.99	29.00	1:02.57			33.34	1:09.23	32.25
	28.77	1:01.48	28.67	1:00.79			32.88	1:12.97	34.07
5	WHS	A		4:09.35	28	16	LHS	C	x4:48.44
	1) Norah Pierce	2)	Susannah Schug			1)	Cambria Bachmeier 7	2)	Kadee McKenzie 11
	3) Braelynn Tofte	4)	Kara A Hansen			3)	Addy Steele 7	4)	Belle Fischer 9
	29.14	1:01.09	30.02	1:05.74			32.60	1:07.90	33.68
	28.96	1:00.51	29.30	1:02.01			33.64	1:13.11	35.09
6	MIN	B		4:10.53	22	17	MHS	B	4:54.97
	1) Madisyn Racine 8	2)	Caelin Flaten 12			1)	Iris Allen 8	2)	Mya Becker 12
	3) Chloe Kraft 9	4)	Haili Metzger 12			3)	Cadence Erhardt 11	4)	Ava Francis 8
	29.45	1:00.73	29.53	1:02.22			35.75	1:16.60	36.81
	29.00	1:03.01	30.59	1:04.57			34.52	1:13.72	31.62
7	MIN	C		x4:13.19		18	DHS	B	5:01.00
	1) Lainey Martin 11	2)	Ellia Gemar 10			1)	Hailey LaQua 11	2)	Lola Kilwein 8
	3) Ella Johnson 9	4)	Ava Neumann 12			3)	Esmee Helmer 07	4)	Kayley Paintner 8
	30.83	1:03.99	30.05	1:03.37			39.66	1:21.22	36.75
	30.44	1:03.49	29.69	1:02.34			34.03	1:14.86	32.04
8	LHS	B		4:20.51	18	19	CHS	C	x5:04.37
	1) Jillian Schick 12	2)	Elizabeth Ellefson 12			1)	Ella Kuklok 7	2)	Clara Mattern 7
	3) Piper Freborg 11	4)	Ashlyn Brendel 10			3)	Nora Nairn 9	4)	Norah Walker 11
	30.57	1:03.65	31.71	1:06.26			35.57	1:16.75	36.74
	30.60	1:04.77	31.11	1:05.83			37.52	1:17.68	33.49
9	MHS	A		4:22.28	26	20	WHS	C	x5:05.24
	1) Malayna Gerhardt 11	2)	Peyten Kienzle 9			1)	Allie Delaney	2)	Norah Grunenwald
	3) Corinne Lindsey 11	4)	Morgan Walz 9			3)	Alexis Hanson	4)	Charlee Storm
	32.02	1:08.80	31.90	1:07.78			34.31	1:12.77	38.34
	30.60	1:04.86	28.87	1:00.84			35.41	1:14.34	37.39
10	BHS-ND	A		4:23.36	24	21	MHS	C	x5:08.06
	1) Danielle Wescott 9	2)	Jerni Betsill 12			1)	Addysen Becker 9	2)	Zoey Kienzle 9
	3) Olyvia Geerdes 10	4)	Madeline VerDouw 10			3)	Catherine Lindsey 7	4)	Grace Opolka 8
	30.46	1:04.71	33.15	1:10.73			40.64	1:28.45	36.17
	34.30	1:12.01	26.69	55.91			32.75	1:08.45	35.48
11	WHS	B		4:32.81	14	22	WHS	D	x5:13.27
	1) Bella Carter	2)	Brekyn Haugen			1)	Emily Kerschion	2)	Destiny Ingebritson-Rogers FR
	3) Addison Elsbernd JR	4)	Macey Crosland			3)	Hailey Snider	4)	Juno Zimmerman
	34.64	1:12.77	32.15	1:07.52			35.60	1:17.47	1:24.03
	32.28	1:08.54	30.10	1:03.98			40.91	1:15.70	38.42

2024 Capital City Invite - 9/7/2024

Results

(Event 12 Girls 400 Yard Freestyle Relay)

Team	Relay	Finals Time
--- BHS-ND	C	X6:40.71
1) Charli Grosz 7	2) Morgan Kerzman 9	
3) Lyric McChesney 7	4) Jorja Klaudt 10	
43.27 1:34.42	37.30	
--- BHS-ND	D	XNS

Scores - Women

Women - Team Rankings - Through Event 12		
1.	Minot High Majettes	560.5
2.	Bismarck Century High School	410
3.	Legacy High School	370
4.	Whs Girl's High School Swim &	328.5
5.	Dickinson High School	268
6.	Mandan High School	201
7.	Bismarck High School	166