

2024 NDHSAA Track & Field Schedule - Schedule is a rolling schedule be prepared to run - times are approximate

Thursday			Friday			Saturday		
12:00 PM	Track Open for warm-up		12:00	Track Open for warm-up		8:00 AM	Track Open for warm-up	
1:30 PM	Officials Meeting	Locker Room B	1:00	National Anthem		9:15 AM	National Anthem	
2:00 PM	A coaches meeting	Locker Room A	1:00	Thursday Evening Awards		10:30 AM	Track Closed	
2:00 PM	B coaches meeting	Locker Room B	1:30	300m Hurdles	Prelim	11:00 AM	300m Hurdles	Final
2:55 PM	Track Closed		2:10	100m Dash	Prelim	11:30 AM	100m Dash	Final
3:00 PM	Opening Ceremonies	Parade of athletes	2:50	Class A 1600 m Run	Final	12:00 PM	4 x 200m Relay	Final
3:25 PM	National Anthem		3:20	400m Dash	Prelim	12:30 PM	Special Recognition / Hall of Fame	
3:30 PM	Track Open for warm-up		4:00	Class B 1600 m run	Final	1:00 PM	400m Dash	Final
4:10 PM	Track Closed			Thursday Evening Awards		1:30 PM	110/100m Hurdles	Final
4:30 PM	4 x 200 Relay	Prelim	4:30	110/100 Hurdles	Prelim	2:00 PM	200m Dash	Final
5:15 PM	3200m Run	Final	5:10	200 m Dash	Prelim	2:30 PM	800m Run	Final
			5:55	Class A 4 x 800m Relay	Final	3:00 PM	4 x 100m Relay	Final
			6:25	4 x 100m Relay	Prelim	3:30 PM	4 x 400m Relay	Final
			7:00	Class B 4 x 800m Relay	Final			
<i>Running order - A Boys, B Boys, A Girls, B Girls</i>			<i>Running order - A Boys, B Boys, A Girls, B Girls</i>			<i>Running order - A Boys, B Boys, A Girls, B Girls</i>		

3:30 PM	B Boys Long Jump		2:00	A Boy Long Jump		9:00	B Boys Pole Vault	
	A Girls Discus			B Boys Discus		9:30	A Boys Triple Jump	
	A Boys High Jump						B Girls Javelin	
	B Boys Shot Put		2:30	A Girls Pole Vault	move Saturday			
	B Girls Pole Vault			B Boys High Jump		11:30 am	A Girls Pole Vaule	
						12:15 PM	A Girls Triple Jump	
5:30 PM	B Girls Long Jump		4:00	B Girls Discus			A Boys Javelin	
	A Boy Discus			A Boys Shot Put			B Girls High Jump	
	A Girls High Jump		5:00	A Girls Long Jump		2:00 PM	A Boys Pole Vault	
	B Girls Shot Put					2:15 PM	A Girls Javelin	
			1:00 PM	A Boys Pole Vault	move Saturday		B Boys Triple Jump	
			5:00	B Girls Triple Jump				
			6:00	B Boys Javelin				
			6:00	A Girls Shot Put				