

Fargo North vs. Minot North - 10/3/2025

Results - Meet

Event 1 Girls 200 Yard Medley Relay

Team		Relay		Finals Time	
1	FN	A		1:59.32	8
	1) Gramm, Natalie 10	2) Nelson, Unna 08			
	3) Butery, Merritt 07	4) Iversen, Eleanor 12			
	30.99	31.99	29.28	27.06	
2	FN	B		2:10.23	4
	1) Kadrmas, Zoey 08	2) Heinrich, Mia 9			
	3) Peterson, Mollie 10	4) Griffieath, Nora 08			
	35.12	36.75	30.52	27.84	
3	MNHS	A		2:11.40	2
	1) Gemar, Ellia 11	2) Wake, Abigail 10			
	3) Bahr, Zoe 12	4) Yoder, Jaina 11			
	34.66	37.45	31.06	28.23	
4	MNHS	B		2:30.38	
	1) Meier, Genevieve 10	2) Miller, Keira 12			
	3) Thomas, Ada 7	4) Farnsworth, Kaylee 8			
	44.84	1:15.78	29.76		
---	FN	D		X2:26.27	
	1) Nordeng, Liv 11	2) Ouradnik, Emma 08			
	3) Vein, Nora 11	4) Ambuehl, Piper 9			
	36.92	40.23	38.17	30.95	
---	MNHS	C		X2:56.11	
	1) Elbouab, Fatimzahra 10	2) Frantsvog, Londyn 7			
	3) Baldwin, Justyce 10	4) Naslund, Adelynn 7			
	41.28	47.37	51.61	35.85	
---	FN	E		X2:59.04	
	1) Fick, Riley 08	2) Oelke, Emma 07			
	3) Powell, Hattee 08	4) Ehli, Olivia 07			
	42.23	42.79	50.60	43.42	
---	FN	F		X3:08.43	
	1) Bosch, Bella 9	2) Frenzel, Piper 08			
	3) Guo, Helen 08	4) Enz, Adair 07			
	47.84	46.82	47.05	46.72	
---	FN	C		DQ	
	1) Thompson, Amber 07	2) Yang, Evelyn 08			
	3) Lattimore, Sofia 10	4) Fick, Avery 11			
	33.62	41.83	33.17	30.47	

Event 2 Girls 200 Yard Freestyle

		2:12.53	SQ		
		2:32.41	EDC		
Name		YrSchool		Finals Time	
1	Nelson, Unna	08	FN	2:11.86	SQ
	30.46	34.53	33.96	32.91	
2	Hillmer, Berit	12	FN	2:14.45	EDC
	30.30	34.36	34.97	34.82	
3	Gramm, Natalie	10	FN	2:23.57	EDC
	31.61	36.30	37.59	38.07	
4	Miller, Keira	12	MNHS	2:23.90	EDC
	31.62	34.90	37.88	39.50	
5	Martin, Lainey	12	MNHS	2:26.80	EDC
	32.03	36.43	38.91	39.43	
6	Lantz-Gagne, Olivia	11	MNHS	2:35.53	
	33.27	39.35	41.81	41.10	
---	Nordeng, Liv	11	FN	X2:23.72	EDC
	32.82	36.88	36.94	37.08	

---	Stewart, Adelyn	8	MNHS	X2:48.39	
	36.65	43.73	44.32	43.69	
---	Medders, Elsie	07	FN	X2:49.96	
	35.56	1:32.18	42.22		
---	Williamson, Summer	8	MNHS	X3:08.46	
	39.10	47.59	52.56	49.21	
---	Powell, Hattee	08	FN	X3:10.34	
	39.63	47.96	50.57	52.18	
---	Guo, Helen	08	FN	X3:18.59	
	42.98	52.69	51.11	51.81	
---	Frenzel, Piper	08	FN	X3:22.95	
	45.15	51.31	53.98	52.51	

Event 3 Girls 200 Yard IM

		2:30.71	SQ		
		2:53.32	EDC		
Name		YrSchool		Finals Time	
1	Peterson, Mollie	10	FN	2:25.50	SQ
	31.21	39.12	41.95	33.22	
2	Iversen, Eleanor	12	FN	2:28.69	SQ
	30.79	39.88	43.53	34.49	
3	Bahr, Zoe	12	MNHS	2:29.09	SQ
	32.06	40.88	40.91	35.24	
4	Lattimore, Sofia	10	FN	2:38.37	EDC
	33.71	40.20	46.78	37.68	
5	Thomas, Ada	7	MNHS	2:52.76	EDC
	40.15	45.90	49.00	37.71	
---	Ouradnik, Emma	08	FN	X2:47.44	EDC
	37.50	41.84	1:28.10		
---	Lacher, Anna	12	FN	X2:51.76	EDC
	37.80	45.05	51.61	37.30	
---	Hoff, Emmelia	11	FN	X3:03.93	
	38.98	46.43	57.05	41.47	
---	Kraft, Chloe	10	MNHS	DQ	
	32.70	41.98	52.21	36.22	

Event 4 Girls 50 Yard Freestyle

		27.45	SQ		
		31.57	EDC		
Name		YrSchool		Finals Time	
1	Wake, Abigail	10	MNHS	27.39	SQ
2	Butery, Merritt	07	FN	27.77	EDC
3	Heinrich, Mia	9	FN	29.01	EDC
4	Lawson, Zoey	07	FN	29.64	EDC
5	Thompson, Amber	07	FN	30.95	EDC
6	Meier, Genevieve	10	MNHS	31.07	EDC
7	Farnsworth, Kaylee	8	MNHS	32.07	
8	Ehli, Olivia	07	FN	47.34	
9	Maves, Aunna	07	FN	51.63	
10	Enz, Adair	07	FN	51.93	
---	Yang, Evelyn	08	FN	X29.86	EDC
---	Boser, Lydia	11	FN	X30.07	EDC
---	Kadrmas, Zoey	08	FN	X30.33	EDC
---	Oelke, Emma	07	FN	X32.77	
---	Ambuehl, Piper	9	FN	X33.43	
---	Elbouab, Fatimzahra	10	MNHS	X33.65	
---	Bosch, Bella	9	FN	X37.70	
---	Baldwin, Justyce	10	MNHS	X37.94	

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Results - Meet

Event 5 Girls 1 mtr Diving					--- Williamson, Summer 8 MNHS X1:26.62				
Name		YrSchool	Finals Score		41.01 45.61				
1	Bolstad, Victoria	12 FN	175.00	6	--- Bosch, Bella 9 FN X1:27.49				
2	Blake, Macey	11 MNHS	155.75	4	41.17 46.32				
3	Mansour, Maren	11 FN	135.55	3	--- Frenzel, Piper 08 FN X1:27.76				
4	Stolba, Danica	9 MNHS	133.40	2	41.32 46.44				
---	Schell, Evie	9 FN	X88.95		--- Frantsvog, Londyn 7 MNHS X1:31.57				
---	Moen, Marin	11 FN	X80.00		42.50 49.07				
---	Nelson, Carmella	09 FN	X48.10						
Event 6 Girls 100 Yard Butterfly					Event 8 Girls 500 Yard Freestyle				
			1:08.36 SQ		5:59.08 SQ				
			1:18.61 EDC		6:52.94 EDC				
Name		YrSchool	Finals Time		Name		YrSchool	Finals Time	
1	Nelson, Unna	08 FN	1:10.05	EDC	1	Griffeath, Nora	08 FN	6:02.44	EDC
	33.79 36.26					31.09 34.62	35.76 36.15		
2	Gemar, Ellia	11 MNHS	1:11.02	EDC		36.70 36.57	37.27 37.57		
	32.39 38.63					38.02 38.69			
3	Martin, Lainey	12 MNHS	1:17.02	EDC	2	Gramm, Natalie	10 FN	6:20.56	EDC
	34.40 42.62					33.65 37.57	38.54 38.68		
4	Kadrmass, Zoey	08 FN	1:19.61	2		39.41 39.17	38.76 38.53		
	36.49 43.12					38.65 37.60			
5	Nordeng, Liv	11 FN	1:20.50	1	3	Meier, Genevieve	10 MNHS	6:59.35	3
	35.13 45.37					35.04 40.21	42.09 42.78		
---	Fick, Avery	11 FN	X1:18.15	EDC		43.55 44.11	44.07 44.05		
	35.71 42.44					43.68 39.77			
---	Boser, Lydia	11 FN	X1:25.58		4	Lantz-Gagne, Olivia	11 MNHS	7:06.37	2
	39.96 45.62					35.07 41.84	42.75 43.67		
---	Ouradnik, Emma	08 FN	X1:26.67			43.33 43.86	45.28 45.29		
	39.22 47.45					44.11 41.17			
---	Fick, Riley	08 FN	XDQ		5	Oelke, Emma	07 FN	7:14.50	1
	45.20 59.40					38.31 44.25	44.43 44.37		
						44.65 44.44	44.57 43.78		
						43.76 41.94			
Event 7 Girls 100 Yard Freestyle					Event 9 Girls 200 Yard Freestyle Relay				
			1:00.92 SQ		Team		Relay	Finals Time	
			1:10.06 EDC		1	FN	A	1:52.23	8
Name		YrSchool	Finals Time			1) Hillmer, Berit 12	2) Lawson, Zoey 07		
1	Iversen, Eleanor	12 FN	59.90	SQ		3) Gramm, Natalie 10	4) Peterson, Mollie 10		
	29.12 30.78					28.13 28.39	27.62 28.09		
2	Kraft, Chloe	10 MNHS	1:00.41	SQ	2	MNHS	A	1:53.13	4
	28.44 31.97					1) Wake, Abigail 10	2) Lantz-Gagne, Olivia 11		
3	Hillmer, Berit	12 FN	1:01.03	EDC		3) Bahr, Zoe 12	4) Kraft, Chloe 10		
	29.36 31.67					27.18 30.95	27.39 27.61		
4	Wake, Abigail	10 MNHS	1:01.18	EDC	3	FN	B	2:03.14	2
	29.64 31.54					1) Lacher, Anna 12	2) Lattimore, Sofia 10		
5	Yoder, Jaina	11 MNHS	1:04.02	EDC		3) Yang, Evelyn 08	4) Boser, Lydia 11		
	31.09 32.93					31.30 30.73	30.54 30.57		
6	Lacher, Anna	12 FN	1:04.52	EDC	4	FN	C	2:04.07	
	30.61 33.91					1) Thompson, Amber 07	2) Ouradnik, Emma 08		
---	Yang, Evelyn	08 FN	X1:06.24	EDC		3) Kadrmass, Zoey 08	4) Nordeng, Liv 11		
	30.49 35.75					33.22 29.93	30.43 30.49		
---	Hoff, Emmelia	11 FN	X1:12.24		5	MNHS	B	2:09.37	
	34.47 37.77					1) Martin, Lainey 12	2) Farnsworth, Kaylee 8		
---	Vein, Nora	11 FN	X1:13.02			3) Williamson, Summer 8	4) Yoder, Jaina 11		
	34.34 38.68					30.32 34.43	35.51 29.11		
---	Buckmiller, Quinn	11 FN	X1:13.44						
	34.31 39.13								
---	Naslund, Adelynn	7 MNHS	X1:26.41						

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Results - Meet

(Event 9 Girls 200 Yard Freestyle Relay)				
Team		Relay	Finals Time	
--- FN		D	X2:11.24	
1) Medders, Elsie 07		2) Buckmiller, Quinn 11		
3) Ambuehl, Piper 9		4) Hoff, Emmelia 11		
39.42	27.19	33.12	31.51	
--- FN		F	X2:31.53	
1) Frenzel, Piper 08		2) Guo, Helen 08		
3) Powell, Hattee 08		4) Bolstad, Victoria 12		
37.26	39.89	37.68	36.70	
--- FN		E	X3:12.15	
1) Maves, Aunna 07		2) Enz, Adair 07		
3) Ehli, Olivia 07		4) Bosch, Bella 9		
53.33	52.59	48.42	37.81	

Event 10 Girls 100 Yard Backstroke

1:09.25		SQ		
1:19.64		EDC		
Name		YrSchool	Finals Time	
1	Butery, Merritt	07 FN	1:09.73	EDC
	34.07	35.66		
2	Thompson, Amber	07 FN	1:12.13	EDC
	34.88	37.25		
3	Gemar, Ellia	11 MNHS	1:15.07	EDC
	36.69	38.38		
4	Lattimore, Sofia	10 FN	1:17.07	EDC
	38.28	38.79		
5	Miller, Keira	12 MNHS	1:21.20	1
	39.49	41.71		
6	Thomas, Ada	7 MNHS	1:25.28	
	1:25.33			
---	Ambuehl, Piper	9 FN	X1:26.82	
	42.47	44.35		
---	Medders, Elsie	07 FN	X1:29.04	
	1:37.44			
---	Fick, Riley	08 FN	X1:29.14	
	43.34	45.80		
---	Powell, Hattee	08 FN	X1:32.00	
	44.54	47.46		
---	Elbouab, Fatimzahra	10 MNHS	X1:32.68	
	1:39.37			
---	Naslund, Adelynn	7 MNHS	X1:37.97	
	46.87	51.10		
---	Stewart, Adelyn	8 MNHS	X1:39.67	
---	Guo, Helen	08 FN	X1:39.74	
	1:40.06			
---	Baldwin, Justyce	10 MNHS	X1:43.14	
	1:43.19			
---	Frantsvog, Londyn	7 MNHS	X1:49.59	
	52.54	57.05		

Event 11 Girls 100 Yard Breaststroke

1:17.66		SQ		
1:29.31		EDC		
Name		YrSchool	Finals Time	
1	Bahr, Zoe	12 MNHS	1:14.92	SQ
	35.57	39.35		
2	Peterson, Mollie	10 FN	1:17.09	SQ
	36.70	40.39		

3	Heinrich, Mia	9 FN	1:20.55	EDC
	38.00	42.55		
4	Lawson, Zoey	07 FN	1:22.50	EDC
	38.90	43.60		
5	Yoder, Jaina	11 MNHS	1:28.69	EDC
	40.86	47.83		
6	Griffeath, Nora	08 FN	1:28.87	EDC
	41.27	47.60		
7	Farnsworth, Kaylee	8 MNHS	1:34.39	
	44.98	49.41		
---	Fick, Avery	11 FN	X1:37.25	
	46.64	50.61		
---	Vein, Nora	11 FN	X1:39.56	
	45.96	53.60		
---	Buckmiller, Quinn	11 FN	X1:41.76	
	47.47	54.29		

Event 12 Girls 400 Yard Freestyle Relay

Team		Relay	Finals Time	
1	FN	A	4:05.82	8
	1) Butery, Merritt 07	2) Griffeath, Nora 08		
	3) Iversen, Eleanor 12	4) Nelson, Unna 08		
	29.20	1:00.69	29.47	1:03.20
	29.03	1:00.71	29.10	1:01.22
2	MNHS	A	4:16.00	4
	1) Gemar, Ellia 11	2) Martin, Lainey 12		
	3) Meier, Genevieve 10	4) Kraft, Chloe 10		
	28.94	1:00.38	31.30	1:05.73
	32.61	1:08.81	28.73	1:01.08
3	FN	B	4:18.90	2
	1) Heinrich, Mia 9	2) Boser, Lydia 11		
	3) Hillmer, Berit 12	4) Lawson, Zoey 07		
	31.99	1:06.24	32.26	1:06.45
	16.43	1:01.82	19.63	1:04.39
4	MNHS	B	4:47.40	
	1) Miller, Keira 12	2) Stewart, Adelyn 8		
	3) Lantz-Gagne, Olivia 11	4) Thomas, Ada 7		
	31.97	1:08.03	1:28.84	1:50.87
	37.78	1:12.78	40.15	35.72
5	FN	C	4:51.52	
	1) Lacher, Anna 12	2) Fick, Avery 11		
	3) Buckmiller, Quinn 11	4) Vein, Nora 11		
	32.02	1:07.38	32.90	1:11.00
	36.90	1:17.83	35.37	1:15.31
---	FN	D	X5:18.74	
	1) Medders, Elsie 07	2) Fick, Riley 08		
	3) Hoff, Emmelia 11	4) Oelke, Emma 07		
	37.11	1:22.05	37.80	1:24.64
	32.62	1:12.44	37.65	1:19.61
---	MNHS	C	X5:44.82	
	1) Naslund, Adelynn 7	2) Frantsvog, Londyn 7		
	3) Baldwin, Justyce 10	4) Elbouab, Fatimzahra 10		
	42.79	1:34.65	39.33	1:30.35
	38.19	1:23.89	34.86	1:15.93

Scores - Women

Women - Team Rankings - Through Event 12
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Fargo North vs. Minot North - 10/3/2025

Results - Meet

(Scores - Women)

1.	Fargo North High School	126
2.	Minot North High School	59