

**Fargo South v Bismarck v Bismarck Legacy - 9/29/2023**

**Results - Fargo South v Bismarck v Bismarck Legacy**

**Event 1 Women 200 Yard Medley Relay**

**Pool-South: 1:54.57 P 9/16/2005 Williston High School**

**B Bolinske, C Gormally, A Maxwell, A Weisz**

**Team-South: 1:52.19 T 10/27/2001 Fargo South High School**

**H Harris, E Wessman, B Anderson, L Watkins**

Team	Relay	Seed Time	Finals Time
1 Legacy High School	A	1:57.25	1:58.58
1) Blikre, Tova 11	2) Gruman, Katie 12	3) Steele, Brinley 8	4) Hochhalter, Lilyana 8
30.59 33.93 28.88	25.18		
2 Legacy High School	B	2:08.00	2:08.46
1) Schick, Jillian 11	2) Lacher, Ellie 8	3) Ellefson, Elizabeth 11	4) Uppgren, Grace 8
33.95 35.18 32.15	27.18		
3 Fargo South High School	A	2:04.84	2:09.32
1) Sauvageau, Brooklyn 7	2) Owens, Ava 12	3) Mehl, Bethany 9	4) Bourke, Ella 10
32.23 38.52 29.57	29.00		
4 Bismarck High School	A	2:04.89	2:10.23
1) Geerdes, Addy 12	2) Traynor, Keelin 12	3) Jahner, Jocelyn 10	4) Duckwitz, Anna 12
35.29 34.43 33.65	26.86		
5 Legacy High School	C	NT	x2:16.23
1) Schick, Grace 12	2) Wood, Gabby 7	3) Kvas, Mia 8	4) Brendel, Ashlyn 9
36.24 36.94 33.30	29.75		
6 Bismarck High School	B	2:20.00	2:23.97
1) Kerzman, Lizzy 11	2) Traynor, Nora 9	3) Sikes, Elizabeth 10	4) Betsill, Jerni 11
35.60 39.52 37.49	31.36		
7 Bismarck High School	C	NT	x2:31.16
1) Kummer, Riley 11	2) Hintz, Kallen 11	3) Baumgartner, Brooklyn 8	4) Anderson, Cambree 9
38.99 37.79 43.50	30.88		
--- Legacy High School	D	NT	X2:24.49
1) Dietz-Bank, Brinley 7	2) Freborg, Piper 10	3) Dietz-Bank, Hailey 7	4) Fischer, Belle 8
39.43	32.77		
--- Legacy High School	E	NT	X2:37.62
1) Wiedmeier, Erin 9	2) McKenzie, Kadee 10	3) Noonan, Morgan 9	4) De Castro, Julia 11
41.30 41.10 41.41	33.81		
--- Bismarck High School	D	NT	X2:45.69
1) Klaudt, Jorja 9	2) Geerdes, Olyvia 9	3) Mattern, BreAnna 8	4) Parnell, Lily 8
46.86 39.01 43.81	36.01		

**Event 2 Women 200 Yard Freestyle**

**Pool-South: 1:57.01 P 9/20/2001 Heather Harris**

**Fargo South**

**Team-South: 1:51.78 T 1999 Heather Harris**

**Fargo South**

**2:13.03 Q State Qualifying**

Name	Yr	School	Seed Time	Finals Time
1 VerDouw, Madeline	9	Bismarck High School	2:09.96	2:01.75 Q
28.40 31.20 31.60	30.55			
2 Erickson, Abby	11	Legacy High School	2:05.66	2:01.92 Q
27.40 30.54 31.86	32.12			
3 Gruman, Katie	12	Legacy High School	2:14.77	2:13.03 Q
29.87 33.38 34.98	34.80			
4 Uppgren, Grace	8	Legacy High School	2:14.00	2:15.24
30.81 34.18 35.85	34.40			
5 Becker, Elsie	10	Fargo South High School	2:16.37	2:18.19
31.52 34.54 36.25	35.88			
6 Jahner, Jocelyn	10	Bismarck High School	2:31.24	2:25.19
34.43 37.92 37.58	35.26			

**Fargo South v Bismarck v Bismarck Legacy - 9/29/2023****Results - Fargo South v Bismarck v Bismarck Legacy****(Event 2 Women 200 Yard Freestyle)**

Name	Yr	School	Seed Time	Finals Time
7 Betsill, Jerni	11	Bismarck High School	2:40.14	2:28.32
33.49 37.85 39.29 37.69				
--- Ellefson, Elizabeth	11	Legacy High School	2:14.94	X2:16.68
31.74 34.37 35.55 35.02				
--- Sears, Norah	7	Legacy High School	NT	X2:19.85
31.51 36.54 37.22 34.58				
--- Huber, Allyson	7	Legacy High School	2:30.27	X2:25.18
33.88 38.79 37.90 34.61				
--- Dietz-Bank, Hailey	7	Legacy High School	2:49.33	X2:36.77
33.36 39.42 43.13 40.86				
--- Sikes, Elizabeth	10	Bismarck High School	3:02.19	X2:48.40
38.87 42.24 44.34 42.95				
--- Baumgartner, Brooklyn	8	Bismarck High School	2:54.65	X2:52.46
36.84 44.11 45.92 45.59				

**Event 3 Women 200 Yard IM**

Pool-South: 2:08.07 P 9/12/2006 Hannah Whitehead

GF Central

Team-South: 2:15.09 T 1997 Heather Harris

Fargo South

2:30.94 Q State Qualifying

Name	Yr	School	Seed Time	Finals Time
1 Blikre, Tova	11	Legacy High School	2:20.56	2:20.75 Q
31.18 33.78 43.90 31.89				
2 Schick, Jillian	11	Legacy High School	2:33.22	2:33.80
32.63 37.41 48.21 35.55				
3 Sauvageau, Brooklyn	7	Fargo South High School	2:34.34	2:34.04
33.62 38.17 47.48 34.77				
4 Wood, Gabby	7	Legacy High School	2:40.25	2:41.57
38.23 41.35 45.73 36.26				
5 Sease, Kya	12	Bismarck High School	2:50.00	2:43.41
35.00 41.01 51.29 36.11				
6 Traynor, Nora	9	Bismarck High School	2:56.70	2:50.74
39.02 44.15 49.08 38.49				
7 Vatnsdal, Aubrey	9	Bismarck High School	2:54.21	2:51.61
38.74 44.14 50.95 37.78				
8 Miller, Ava	9	Fargo South High School	2:58.84	2:52.56
38.98 46.37 47.53 39.68				
--- Fischer, Belle	8	Legacy High School	NT	X3:10.04
51.58 39.04				
--- Noonan, Morgan	9	Legacy High School	3:11.72	X3:10.31
45.22 44.33 1:02.89 37.87				

**Event 4 Women 50 Yard Freestyle**

Pool-South: 24.71 P 9/26/2009 Lexie Halberstadt

Shanley

Team-South: 24.73 T 2007 Jesica Tauber

Fargo South

27.28 Q State Qualifying

Name	Yr	School	Seed Time	Finals Time
1 Hochhalter, Lilyana	8	Legacy High School	26.03	25.55 Q
2 Steele, Brinley	8	Legacy High School	27.52	26.85 Q
3 Traynor, Keelin	12	Bismarck High School	28.26	28.38
4 Sharbono, Abigail	12	Fargo South High School	28.64	28.63
5 Owens, Ava	12	Fargo South High School	28.83	28.90
6 Bourke, Ella	10	Fargo South High School	28.76	28.94
7 Geerdes, Addy	12	Bismarck High School	29.23	29.66

**Fargo South v Bismarck v Bismarck Legacy - 9/29/2023****Results - Fargo South v Bismarck v Bismarck Legacy****(Event 4 Women 50 Yard Freestyle)**

	Name	Yr	School	Seed Time	Finals Time
8	Kvas, Mia	8	Legacy High School	29.57	29.85
9	Kerzman, Lizzy	11	Bismarck High School	31.47	30.91
---	Schmitz, Hailey	12	Fargo South High School	28.86	X28.89
---	Schick, Grace	12	Legacy High School	29.78	X30.02
---	Brousseau, Avery	12	Legacy High School	30.56	X30.44
---	Guttormson, Abby	12	Fargo South High School	32.37	X31.31
---	Dietz-Bank, Brinley	7	Legacy High School	30.75	X31.32
---	Koch, Addi	11	Bismarck High School	32.91	X31.34
---	Munns, Kadence	8	Fargo South High School	33.95	X32.27
---	Kummer, Riley	11	Bismarck High School	33.43	X32.91
---	Hintz, Kallen	11	Bismarck High School	33.82	X33.46
---	Wiedmeier, Erin	9	Legacy High School	33.67	X33.84
---	De Castro, Julia	11	Legacy High School	34.00	X34.07
---	Sivers, Samantha	8	Fargo South High School	34.92	X34.11
---	Mattern, BreAnna	8	Bismarck High School	34.29	X35.03
---	Bennett, Piper	7	Legacy High School	38.23	X36.62
---	Lee, Vivienne	8	Fargo South High School	35.96	XNS

**Event 5 Women 1 mtr Diving**

Pool-South: 377.15 P 9/26/2009 Mairin Jameson

Shanley

Team-South: 261.80 T 1997 Crystal Cummings

Fargo South

	Name	Yr	School	Seed Time	Finals Score
1	Brandt, Stella	9	Bismarck High School	180.85	179.20
2	Hochhalter, Brielle	11	Legacy High School	192.25	138.80
3	Bettenhausen, Olivia	11	Bismarck High School	78.35	98.65
4	Brousseau, Emersen	10	Legacy High School	120.85	84.70

**Event 6 Women 100 Yard Butterfly**

Pool-South: 57.96 P 9/26/2009 Lexie Halberstadt

Shanley

Team-South: 59.65 T 11/12/2011 Madeline Smith

Fargo South

1:08.94 Q State Qualifying

	Name	Yr	School	Seed Time	Finals Time
1	Mehl, Bethany 30.74 35.32	9	Fargo South High School	1:04.47	1:06.06 Q
2	Blikre, Tova 31.18 35.42	11	Legacy High School	1:06.80	1:06.60 Q
3	Schmitz, Hailey 33.78 37.49	12	Fargo South High School	1:11.28	1:11.27
4	Schick, Jillian 33.14 39.93	11	Legacy High School	1:13.42	1:13.07
5	Schick, Grace 35.64 41.72	12	Legacy High School	1:15.00	1:17.36
6	Jahner, Jocelyn 37.53 42.61	10	Bismarck High School	1:18.74	1:20.14
7	Kerzman, Lizzy	11	Bismarck High School	1:30.11	1:26.94
8	Anderson, Cambree	9	Bismarck High School	1:53.97	1:50.49
---	Brousseau, Avery	12	Legacy High School	1:22.89	X1:16.96
---	Wood, Gabby	7	Legacy High School	NT	X1:22.89

**Fargo South v Bismarck v Bismarck Legacy - 9/29/2023****Results - Fargo South v Bismarck v Bismarck Legacy****Event 7 Women 100 Yard Freestyle****Pool-South: 52.52 P 9/21/2018 Gracie Lingle****Fargo Davies****Team-South: 51.75 T 1999 Heather Harris****Fargo South****1:00.54 Q State Qualifying**

Name	Yr	School	Seed Time	Finals Time	
1 VerDouw, Madeline 28.22 30.69	9	Bismarck High School	57.65	58.91	Q
2 Duckwitz, Anna 28.95 32.19	12	Bismarck High School	1:02.73	1:01.14	
3 Lacher, Ellie 29.59 31.59	8	Legacy High School	1:01.94	1:01.18	
4 Becker, Nora 30.61 33.32	12	Fargo South High School	1:03.08	1:03.93	
5 Ellefson, Elizabeth 31.44 32.71	11	Legacy High School	1:02.61	1:04.15	
6 Freborg, Piper 30.86 33.49	10	Legacy High School	1:06.37	1:04.35	
7 Traynor, Nora 32.72 35.06	9	Bismarck High School	1:08.64	1:07.78	
8 Miller, Ava 33.73 38.40	9	Fargo South High School	1:22.75	1:12.13	
9 Sivers, Samantha 38.15 41.06	8	Fargo South High School	1:19.04	1:19.21	
--- McKenzie, Kadee 32.78 34.02	10	Legacy High School	1:08.92	X1:06.80	
--- Dietz-Bank, Hailey 33.50 36.77	7	Legacy High School	1:25.76	X1:10.27	
--- Geerdes, Olyvia 1:10.89	9	Bismarck High School	1:13.04	X1:10.86	
--- Wiedmeier, Erin 35.65 39.21	9	Legacy High School	1:17.95	X1:14.86	
--- Baumgartner, Brooklyn 37.35 40.55	8	Bismarck High School	1:16.41	X1:17.90	
--- Parnell, Lily 41.95 48.65	8	Bismarck High School	1:33.81	X1:30.60	
--- Klaudt, Jorja 38.87 42.18	9	Bismarck High School	1:21.93	XDQ	
--- Brendel, Ashlyn 32.06 34.08	9	Legacy High School	1:06.68	XDQ	

**Event 8 Women 500 Yard Freestyle****Pool-South: 5:17.92 P 10/2/2009 Lexie Halberstadt****Shanley****Team-South: 5:06.50 T 10/26/2001 Heather Harris****Fargo South****6:02.52 Q State Qualifying**

Name	Yr	School	Seed Time	Finals Time	
1 Hochhalter, Lilyana 29.13 32.79 33.79 34.67 32.78	8	Legacy High School	6:02.31 34.59	5:36.17	Q
2 Steele, Brinley 30.90 34.91 35.66 36.94 34.46	8	Legacy High School	6:29.17 37.06	5:55.28	Q
3 Gruman, Katie 31.07 34.70 36.28 38.39 37.30	12	Legacy High School	6:21.81 38.25	6:07.07	

**Fargo South v Bismarck v Bismarck Legacy - 9/29/2023**

**Results - Fargo South v Bismarck v Bismarck Legacy**

**(Event 8 Women 500 Yard Freestyle)**

Name	Yr	School	Seed Time	Finals Time
4 Vatsndal, Aubrey 34.97 39.38 40.25 40.24 38.57	9	Bismarck High School	6:52.99 40.55	6:35.95
5 Bourke, Ella 34.20 38.54 40.22 40.06 37.79	10	Fargo South High School	NT 41.12	6:37.62
6 Kummer, Riley 38.38 42.29 44.06 42.75 41.10	11	Bismarck High School	7:15.00 43.80	7:09.80
7 Mattern, BreAnna 40.19 44.02 45.89 48.18 44.92	8	Bismarck High School	7:42.46 48.40	7:41.34
--- Sears, Norah 33.04 37.57 38.98 36.51 34.71	7	Legacy High School	NT 37.71	X6:12.35
--- Huber, Allyson 34.59 39.55 36.53	7	Legacy High School	NT 41.65 41.15 41.54 41.66 39.73	X6:37.44
--- Bennett, Piper 40.08 43.66 44.48 43.82 43.45	7	Legacy High School	NT 44.79 45.74 45.58 45.29 46.24	X7:23.13
--- Sikes, Elizabeth 38.04 43.89 40.95	10	Bismarck High School	7:45.18 46.47 45.31	X7:23.17
--- Lee, Vivienne	8	Fargo South High School	7:39.61	NS

**Event 9 Women 200 Yard Freestyle Relay**

**Pool-South: 1:43.05 P 10/2/2009 Century High School**  
**C Walth, L Engberg, J Fallgatter, K Kemmesat**  
**Team-South: 1:43.78 T 10/16/2007 Fargo South High School**  
**J Fellbaum, R Erickson, N Koehn, J Tauber**

Team	Relay	Seed Time	Finals Time
1 Bismarck High School 1) Sease, Kya 12 27.63 27.66 27.55 2) Duckwitz, Anna 12 26.43 3) Traynor, Keelin 12 4) VerDouw, Madeline 9	A	1:51.68	1:49.27
2 Legacy High School 1) Erickson, Abby 11 25.96 27.57 27.93 2) Uppgren, Grace 8 28.32 3) Lacher, Ellie 8 4) Gruman, Katie 12	A	1:46.82	1:49.78
3 Fargo South High School 1) Sharbono, Abigail 12 29.46 29.11 29.81 2) Owens, Ava 12 28.32 3) Bourke, Ella 10 4) Schmitz, Hailey 12	A	1:53.39	1:56.70
4 Legacy High School 1) Sears, Norah 7 29.12 30.85 36.23 2) Huber, Allyson 7 23.65 3) Schick, Grace 12 4) Kvas, Mia 8	B	1:55.60	1:59.85
5 Fargo South High School 1) Becker, Nora 12 30.01 31.47 32.71 2) Guttormson, Abby 12 28.94 3) Miller, Ava 9 4) Sauvageau, Brooklyn 7	B	2:01.68	2:03.13
6 Legacy High School 1) Brousseau, Avery 12 31.86 2) Brendel, Ashlyn 9 31.27 3) Dietz-Bank, Brinley 7 4) McKenzie, Kadee 10	C	2:00.64	x2:05.27
7 Bismarck High School 1) Betsill, Jerni 11 32.47 31.16 32.38 2) Kerzman, Lizzy 11 32.06 3) Anderson, Cambree 9 4) Vatsndal, Aubrey 9	B	2:05.75	2:08.07

**Fargo South v Bismarck v Bismarck Legacy - 9/29/2023**

**Results - Fargo South v Bismarck v Bismarck Legacy**

**(Event 9 Women 200 Yard Freestyle Relay)**

Team	Relay	Seed Time	Finals Time
8 Bismarck High School	C	2:14.07	x2:23.45
1) Baumgartner, Brooklyn 8	2) Mattern, BreAnna 8	3) Klaudt, Jorja 9	4) Geerdes, Olyvia 9
36.09 37.34 37.69 32.33			
--- Legacy High School	D	2:17.27	X2:18.77
1) Bennett, Piper 7	2) Fischer, Belle 8	3) Dietz-Bank, Hailey 7	4) Wiedmeier, Erin 9
38.06 35.54 31.80 33.37			

**Event 10 Women 100 Yard Backstroke**

**Pool-South: 58.70 P 10/25/2005 Kelsey Schoonhoven**

**West Fargo**

**Team-South: 59.91 T 10/27/2001 Heather Harris**

**Fargo South**

**1:09.01 Q State Qualifying**

Name	Yr	School	Seed Time	Finals Time
1 Sauvageau, Brooklyn	7	Fargo South High School	1:09.11	1:08.42 Q
33.57 34.85				
2 Mehl, Bethany	9	Fargo South High School	1:12.23	1:09.18
34.18 35.00				
3 Uppgren, Grace	8	Legacy High School	1:12.39	1:09.26
34.10 35.16				
4 Kvas, Mia	8	Legacy High School	1:22.38	1:13.29
35.54 37.75				
5 Geerdes, Addy	12	Bismarck High School	1:16.57	1:14.11
35.47 38.64				
6 Becker, Elsie	10	Fargo South High School	NT	1:14.86
36.70 38.16				
7 Sease, Kya	12	Bismarck High School	1:16.19	1:17.89
38.49 42.91				
8 Koch, Addi	11	Bismarck High School	1:24.34	1:21.40
38.49 42.91				
9 Guttormson, Abby	12	Fargo South High School	1:29.33	x1:27.12
47.05 49.86				
10 Noonan, Morgan	9	Legacy High School	1:30.63	1:27.28
47.05 49.86				
--- Fischer, Belle	8	Legacy High School	1:41.62	X1:36.91
47.05 49.86				
--- Anderson, Cambree	9	Bismarck High School	1:35.50	X1:36.93
42.58 54.35				
--- Parnell, Lily	8	Bismarck High School	1:45.56	X1:37.23
44.32 52.91				
--- Klaudt, Jorja	9	Bismarck High School	1:46.90	X1:42.03

**Event 11 Women 100 Yard Breaststroke**

**Pool-South: 1:07.72 P 9/27/2007 Ashley Reiter**

**West Fargo**

**Team-South: 1:09.21 T 11/12/2011 Laura Schott**

**Fargo South**

**1:18.60 Q State Qualifying**

Name	Yr	School	Seed Time	Finals Time
1 Erickson, Abby	11	Legacy High School	1:17.17	1:15.12 Q
35.59 39.53				
2 Traynor, Keelin	12	Bismarck High School	1:18.01	1:16.22 Q
35.44 40.78				
3 Freborg, Piper	10	Legacy High School	1:20.18	1:19.01
37.22 41.79				
4 Lacher, Ellie	8	Legacy High School	1:18.43	1:19.89
37.27 42.62				
5 Sharbono, Abigail	12	Fargo South High School	NT	1:21.78
38.29 43.49				
6 Hintz, Kallen	11	Bismarck High School	1:25.65	1:23.41
39.92 43.49				

**Fargo South v Bismarck v Bismarck Legacy - 9/29/2023**

**Results - Fargo South v Bismarck v Bismarck Legacy**

**(Event 11 Women 100 Yard Breaststroke)**

Name	Yr	School	Seed Time	Finals Time
7 Duckwitz, Anna 39.15 44.51	12	Bismarck High School	1:23.36	1:23.66
8 Owens, Ava 40.17 45.17	12	Fargo South High School	1:28.98	1:25.34
--- Brendel, Ashlyn 40.26 46.03	9	Legacy High School	1:28.72	X1:26.29
--- Geerdes, Olyvia 42.48 46.17	9	Bismarck High School	1:32.02	X1:28.65
--- McKenzie, Kadee 42.74 47.91	10	Legacy High School	1:31.56	X1:30.65
--- Dietz-Bank, Brinley 43.16 48.77	7	Legacy High School	NT	X1:31.93
--- Betsill, Jerni 47.87 53.58	11	Bismarck High School	1:41.04	X1:41.45
--- De Castro, Julia 46.91 57.36	11	Legacy High School	1:43.27	X1:44.27

**Event 12 Women 400 Yard Freestyle Relay**

**Pool-South: 3:45.46 P 10/27/2001 Fargo South High School  
J Buskohl, L Watkins, C Burd, H Harris**

**Team-South: 3:40.01 T 10/27/2001 Fargo South High School  
C Burd, J Buskohl, H Harris, L Watkins**

Team	Relay	Seed Time	Finals Time
1 Legacy High School	A	3:45.37	3:49.19
1) Hochhalter, Lilyana 8 27.80 56.85 28.08	2) Steele, Brinley 8 59.25 27.35 56.92	3) Blikre, Tova 11 26.63 56.17	4) Erickson, Abby 11
2 Fargo South High School	A	4:08.37	4:10.68
1) Sharbono, Abigail 12 31.14 1:06.59 29.56	2) Schmitz, Hailey 12 1:02.41 30.23 1:03.09	3) Becker, Nora 12 28.24 58.59	4) Mehl, Bethany 9
3 Bismarck High School	A	4:07.66	4:12.00
1) Sease, Kya 12 30.14 1:03.62 30.48	2) Geerdes, Addy 12 1:04.85 30.87 1:04.97	3) Jahner, Jocelyn 10 28.36 58.56	4) VerDouw, Madeline 9
4 Legacy High School	B	4:10.43	4:21.62
1) Ellefson, Elizabeth 11 31.42 1:04.89 30.00	2) Schick, Jillian 11 1:02.78 30.74 1:05.16	3) Sears, Norah 7 32.55 1:08.79	4) Brousseau, Avery 12
5 Legacy High School	C	4:24.17	x4:44.01
1) Huber, Allyson 7 33.73 1:09.76 38.06	2) Noonan, Morgan 9 1:18.76 32.30 1:09.33	3) Freborg, Piper 10 32.16 1:06.16	4) Wood, Gabby 7
6 Bismarck High School	B	4:30.00	4:44.21
1) Traynor, Nora 9 32.62 1:07.59 34.67	2) Kummer, Riley 11 1:15.22 36.10 1:12.36	3) Sikes, Elizabeth 10 33.38 1:09.04	4) Vatnsdal, Aubrey 9
7 Fargo South High School	B	5:04.08	5:00.59
1) Guttormson, Abby 12 1:10.43 35.79	2) Munns, Kadence 8 1:22.86 40.09 1:23.27	3) Sivers, Samantha 8 30.60 1:04.03	4) Becker, Elsie 10