

West Fargo Dual - 9/8/2023

Results

Event 1 Girls 200 Yard Medley Relay

Team	Relay	Finals Time
1 WF-ND	A	2:02.99 8
1) Nelson, Ellie 10	2) Montplaisir, Ella 12	
3) Kunz, Rachel 9	4) Hoffman, Kaelyn 11	
31.73 32.69	29.77 28.80	
2 JHS-ND	A	2:05.62 4
1) Larson, Allysa 12	2) Lettenmaier, Georgia 11	
3) Nelson, Cloe 12	4) Larson, Jordyn 11	
30.10 34.34	31.87 29.31	
3 WF-ND	B	2:27.75 2
1) Olson, Paityn 9	2) Dahl, Juliana 8	
3) Sanders, Lauren 11	4) Unser, Heidi 11	
38.21 37.09	43.83 28.62	
4 JHS-ND	B	2:30.24
1) Boehm, Abby 9	2) Brown, Ella 11	
3) Gilbertson, Sophie 7	4) Berndt, Mia A 8	
38.82 40.43	37.30 33.69	
5 JHS-ND	C	x2:56.89
1) Tyson, Aliyah 8	2) Trevithick, Emily 9	
3) Nelson, Tori 9	4) Haisch, Zoe 7	
42.53 45.09	47.08 42.19	
--- WF-ND	C	DQ
1) Gramm, Aaliyah 12	2) Poziembo, Emilia 9	
3) Maslowski, Chloe 11	4) Stewart, Andie 10	
39.33 1:00.50	44.00 36.10	
--- WF-ND	D	DQ
1) Metcalfe, Hailey 12	2) Olson, Charlie 8	
3) Amundson, Lily 7	4) Rerick, Julia 7	
44.86 51.68	56.76 37.26	

Event 2 Girls 200 Yard Freestyle

SQ: 2:13.03 \$

Name	YrSchool	Finals Time
1 Bruns, Linnea	7 WF-ND	2:11.50\$ 6
30.16 32.76	34.43 34.15	
2 Wavrin, Sadie	11 WF-ND	2:19.17 4
31.28 36.02	36.56 35.31	
3 Carling, Hailey	12 WF-ND	2:32.99 3
33.53 38.16	41.28 40.02	
4 Berndt, Mia A	8 JHS-ND	2:33.98 2
35.83 39.06	40.03 39.06	
5 Moltzen, Marissa	10 JHS-ND	2:34.83 1
35.84 39.15	40.80 39.04	
--- Olson, Paityn	9 WF-ND	X2:34.90
36.01 39.76	40.20 38.93	
--- Jacobson, Evy	9 WF-ND	X2:41.21
--- Bueng, Emma	9 WF-ND	X2:53.90
--- Schleeter, Macy	8 WF-ND	X3:25.72

Event 3 Girls 200 Yard IM

SQ: 2:30.94 \$

Name	YrSchool	Finals Time
1 Kunz, Rachel	9 WF-ND	2:27.74\$ 6
32.30 38.32	43.51 33.61	
2 Hoffman, Kaelyn	11 WF-ND	2:53.70 4
37.06 42.84	52.43 41.37	

3 Gilbertson, Sophie	7 JHS-ND	3:01.48 3
38.97 45.92	54.58 42.01	
4 Nelson, Tori	9 JHS-ND	3:25.12 2
50.30 52.21	1:00.56 42.05	
--- Stanton, Helena	9 WF-ND	X3:19.31
41.36 48.35	1:02.66 46.94	

Event 4 Girls 50 Yard Freestyle

SQ: 27.28 \$

Name	YrSchool	Finals Time
1 Lettenmaier, Georgia	11 JHS-ND	27.10\$ 6
2 Nelson, Ellie	10 WF-ND	27.20\$ 4
3 Larson, Allysa	12 JHS-ND	27.60 3
4 Schatzke, Hallie	12 WF-ND	28.19 2
5 Unser, Heidi	11 WF-ND	28.36 1
6 Dahl, Juliana	8 WF-ND	x29.44
7 Nelson, Cloe	12 JHS-ND	30.72
--- Brown, Ella	11 JHS-ND	X31.24
--- Roach, Marley	11 JHS-ND	X33.64
--- Gramm, Aaliyah	12 WF-ND	X33.84
--- Stewart, Andie	10 WF-ND	X34.43
--- Tyson, Aliyah	8 JHS-ND	X34.69
--- Trevithick, Emily	9 JHS-ND	X34.72
--- Maslowski, Chloe	11 WF-ND	X35.13
--- Poziembo, Emilia	9 WF-ND	X35.39
--- Keller, Regan	12 JHS-ND	X35.52
--- Sanders, Lauren	11 WF-ND	X35.74
--- Roller, Grace	9 JHS-ND	X38.64
--- Haisch, Zoe	7 JHS-ND	X40.23
--- Olson, Charlie	8 WF-ND	X42.69
--- Trzpuc, Georgia	7 WF-ND	X46.54
--- Roller, Olivia	9 JHS-ND	X47.93
--- Sundeen, Alice	7 JHS-ND	X51.83
--- Roller, Faith	7 JHS-ND	X59.06
--- Amundson, Lily	7 WF-ND	XDQ

Event 5 Girls 1 mtr Diving

Name	YrSchool	Finals Score
1 Mischke, Olivia	11 WF-ND	190.15 6
2 Skari, Julia	11 JHS-ND	182.50 4
3 Davis, Jozie	9 JHS-ND	178.45 3
4 Rerick, Julia	7 WF-ND	158.20 2
5 Kaiser, Mia	10 JHS-ND	150.55 1
6 Stoterau, Lydia	11 JHS-ND	x143.00
--- Kleven, Larkin	9 JHS-ND	X122.05
--- Hagar, Sadie	11 JHS-ND	X100.70
--- Keith, Rylee	7 JHS-ND	DQ

Event 6 Girls 100 Yard Butterfly

SQ: 1:08.94 \$

Name	YrSchool	Finals Time
1 Kunz, Rachel	9 WF-ND	1:05.93\$ 6
31.81 34.12		
2 Nelson, Cloe	12 JHS-ND	1:12.89 4
34.40 38.49		
3 Montplaisir, Ella	12 WF-ND	1:13.75 3
33.68 40.07		
4 Moltzen, Marissa	10 JHS-ND	1:25.21 2
39.97 45.24		

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Event 7 Girls 100 Yard Freestyle

SQ: 1:00.54 \$

Name	YrSchool	Finals Time
1 Lettenmaier, Georgia	11 JHS-ND	59.08\$ 6
28.34 30.74		
2 Bruns, Linnea	7 WF-ND	1:00.19\$ 4
28.71 31.48		
3 Larson, Jordyn	11 JHS-ND	1:04.68 3
30.81 33.87		
4 Carling, Hailey	12 WF-ND	1:07.35 2
32.53 34.82		
5 Lloyd, Rebecca	10 JHS-ND	1:10.64 1
33.09 37.55		
--- Brown, Ella	11 JHS-ND	X1:08.83
33.91 34.92		
--- Boehm, Abby	9 JHS-ND	X1:13.68
37.74 35.94		
--- Jacobson, Evy	9 WF-ND	X1:14.03
35.65 38.38		
--- Keller, Regan	12 JHS-ND	X1:18.36
38.01 40.35		
--- Roach, Marley	11 JHS-ND	X1:18.40
38.12 40.28		
--- Maslowski, Chloe	11 WF-ND	X1:18.81
37.97 40.84		
--- Bueng, Emma	9 WF-ND	X1:20.99
38.38 42.61		
--- Metcalfe, Hailey	12 WF-ND	X1:27.91
41.95 45.96		
--- Schleeter, Macy	8 WF-ND	X1:36.20
45.62 50.58		
--- Roller, Grace	9 JHS-ND	X1:38.50
45.58 52.92		
--- Haisch, Zoe	7 JHS-ND	X1:40.23
46.18 54.05		
--- Amundson, Lily	7 WF-ND	X1:47.15
50.20 56.95		
--- Roller, Olivia	9 JHS-ND	X1:53.83
56.55 57.28		
--- Roller, Faith	7 JHS-ND	X2:14.30
1:04.19 1:10.11		

Event 8 Girls 500 Yard Freestyle

SQ: 6:02.52 \$

Name	YrSchool	Finals Time
1 Nelson, Ellie	10 WF-ND	5:53.74\$ 6
30.92 33.98	35.19 35.74	
36.24 36.71	36.39 36.97	
36.39 35.21		
2 Berndt, Mia A	8 JHS-ND	6:48.17 4
37.53 40.86	42.26 41.54	
42.00 41.60	41.64 41.17	
39.94 39.63		
3 Nelson, Tori	9 JHS-ND	7:33.96 3
41.31 46.49	46.02 45.67	
46.58 47.13	45.62 46.61	
46.06 42.47		

4 Stewart, Andie	10 WF-ND	7:45.27 2
39.19 43.72	46.15 46.79	
48.19 48.44	48.75 50.61	
47.50 45.93		

Event 9 Girls 200 Yard Freestyle Relay

Team	Relay	Finals Time
1 WF-ND	A	1:52.58 8
1) Wavrin, Sadie 11	2) Bruns, Linnea 7	
3) Dahl, Juliana 8	4) Kunz, Rachel 9	
28.28 26.88	29.34 28.08	
2 JHS-ND	A	1:55.87 4
1) Larson, Allyshah 12	2) Nelson, Cloe 12	
3) Larson, Jordyn 11	4) Lettenmaier, Georgia 11	
27.63 30.78	29.97 27.49	
3 WF-ND	B	2:10.28 2
1) Carling, Hailey 12	2) Hoffman, Kaelyn 11	
3) Olson, Paityn 9	4) Jacobson, Evy 9	
31.13 30.44	44.38 24.33	
4 JHS-ND	B	2:17.87
1) Lloyd, Rebecca 10	2) Keller, Regan 12	
3) Moltzen, Marissa 10	4) Roach, Marley 11	
32.78 37.14	32.11 35.84	
5 WF-ND	C	x2:32.17
1) Stanton, Helena 9	2) Bueng, Emma 9	
3) Maslowski, Chloe 11	4) Schleeter, Macy 8	
37.22 35.35	20.31 59.29	
6 JHS-ND	C	x2:33.21
1) Tyson, Aliyah 8	2) Nelson, Tori 9	
3) Kleven, Larkin 9	4) Haisch, Zoe 7	
38.06 37.20	36.53 41.42	
7 WF-ND	D	x2:47.15
1) Metcalfe, Hailey 12	2) Sanders, Lauren 11	
3) Trzruc, Georgia 7	4) Olson, Charlie 8	
41.94 1:22.70	45.72	

Event 10 Girls 100 Yard Backstroke

SQ: 1:09.01 \$

Name	YrSchool	Finals Time
1 Larson, Allyshah	12 JHS-ND	1:06.84\$ 6
31.91 34.93		
2 Montplaisir, Ella	12 WF-ND	1:11.44 4
34.75 36.69		
3 Unser, Heidi	11 WF-ND	1:13.22 3
35.86 37.36		
4 Wavrin, Sadie	11 WF-ND	1:17.82 2
38.28 39.54		
5 Lloyd, Rebecca	10 JHS-ND	1:24.57 1
40.79 43.78		
6 Boehm, Abby	9 JHS-ND	1:25.92
43.01 42.91		
--- Gramm, Aaliyah	12 WF-ND	X1:26.27
41.31 44.96		
--- Stanton, Helena	9 WF-ND	X1:31.82
43.91 47.91		
--- Metcalfe, Hailey	12 WF-ND	X1:46.05
52.26 53.79		
--- Trzruc, Georgia	7 WF-ND	X2:05.57
1:02.85 1:02.72		

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Results

(Event 10 Girls 100 Yard Backstroke)

Name	YrSchool	Finals Time
--- Poziembo, Emilia	9 WF-ND	XDQ
1:36.34		

Event 11 Girls 100 Yard Breaststroke

SQ: 1:18.60 \$

Name	YrSchool	Finals Time
1 Larson, Jordyn	11 JHS-ND	1:20.24 6
37.73 42.51		
2 Dahl, Juliana	8 WF-ND	1:22.22 4
39.20 43.02		
3 Olson, Paityn	9 WF-ND	1:30.34 3
43.11 47.23		
4 Hoffman, Kaelyn	11 WF-ND	1:33.21 2
43.75 49.46		
5 Gilbertson, Sophie	7 JHS-ND	1:40.27 1
46.66 53.61		
6 Trevithick, Emily	9 JHS-ND	1:47.14
49.60 57.54		
--- Sanders, Lauren	11 WF-ND	X2:07.89
58.17 1:09.72		
--- Olson, Charlie	8 WF-ND	XDQ
53.31 1:07.23		

Event 12 Girls 400 Yard Freestyle Relay

Team	Relay	Finals Time
1 WF-ND	A	4:06.35 8
1) Bruns, Linnea 7	2) Nelson, Ellie 10	
3) Montplaisir, Ella 12	4) Wavrin, Sadie 11	
28.56 1:00.25	28.99 1:01.14	
29.40 1:01.31	30.07 1:03.65	
2 WF-ND	B	4:31.75 4
1) Carling, Hailey 12	2) Schatzke, Hallie 12	
3) Jacobson, Evy 9	4) Unser, Heidi 11	
32.69 1:12.83	24.63 56.93	
37.32 1:16.09	30.53 1:05.90	
3 JHS-ND	A	4:45.52 2
1) Brown, Ella 11	2) Moltzen, Marissa 10	
3) Gilbertson, Sophie 7	4) Lloyd, Rebecca 10	
33.30 1:08.91	34.34 1:12.31	
34.08 1:13.33	33.56 1:10.97	
4 WF-ND	D	x6:34.39
1) Poziembo, Emilia 9	2) Amundson, Lily 7	
3) Trzruc, Georgia 7	4) Schleeter, Macy 8	
40.02 1:24.03	48.56 1:50.42	
49.81		
--- WF-ND	C	DQ
1) Stewart, Andie 10	2) Bueng, Emma 9	
3) Gramm, Aaliyah 12	4) Stanton, Helena 9	
38.69 1:20.94	38.28 1:23.58	
36.55 1:19.33	40.37 1:26.82	

Scores - Women

Women - Team Rankings - Through Event 12	
1. West Fargo Packers	111
2. Jamestown Blue Jays	72