

Minot vs Fargo South vs Jamestown - 8/31/2023

Results

Event 1 Girls 200 Yard Medley Relay

Team	Relay	Finals Time
1 MIN	A	2:00.21
1) Dunstan, Emily 9	2) VonBokern, Sophia 10	
3) Vonbokern, Sam 10	4) Osborn, Gabby 11	
31.15 35.17	26.92 26.97	
2 JHS-ND	A	2:05.70
1) Larson, Allyshah 12	2) Lettenmaier, Georgia 11	
3) Nelson, Cloe 12	4) Larson, Jordyn 11	
30.51 33.97	32.32 28.90	
3 MIN	B	2:08.49
1) Flaten, Caelin 11	2) Bahr, Zoe 10	
3) Martin, Lainey 10	4) Valdez, Hailee 10	
32.40 36.37	30.87 28.85	
4 FS	A	2:13.43
1) Becker, Nora 12	2) Owens, Ava 12	
3) Schmitz, Hailey 12	4) Becker, Elsie 10	
34.75 38.12	30.94 29.62	
5 JHS-ND	B	2:35.09
1) Boehm, Abby 9	2) Berndt, Mia A 8	
3) Gilbertson, Sophie 7	4) Keller, Regan 12	
38.30 44.81	36.80 35.18	
6 FS	B	2:49.66
1) Sivers, Samantha 8	2) Lee, Vivienne 8	
3) Graves, Isabela 9	4) Munns, Kadence 8	
47.15 44.77	44.19 33.55	
--- MIN	C	X2:16.53
1) Schaefer, Ellie 11	2) Racine, Madisyn 7	
3) Gemar, Ellia 9	4) Neumann, Ava 11	
34.10 38.49	34.00 29.94	
--- MIN	E	X2:31.21
1) Zerr, Danica 9	2) Schaeffer, Greer 9	
3) Lantz-Gagne, Olivia 9	4) Kerzmann, Anna 9	
39.89 40.07	41.97 29.28	
--- MIN	D	X2:32.83
1) Dokken, Leah 9	2) Steckler, Autumn 11	
3) King, Cassidy 11	4) Fricke, Vreelyn 9	
40.27 41.41	1:12.42	

Event 2 Girls 200 Yard Freestyle

2:13.03 SQ

Name	YrSchool	Finals Time
1 Williamson, Ava	11 MIN	2:07.83 SQ
28.98 32.15	32.76 33.94	
2 Mehl, Bethany	9 FS	2:09.14 SQ
29.64 32.77	34.12 32.61	
3 Goodman, Reese	12 MIN	2:13.43
29.02 33.08	35.57 35.76	
4 Racine, Madisyn	7 MIN	2:16.12
32.86 34.80	35.24 33.22	
5 Neumann, Ava	11 MIN	x2:16.51
31.64 34.64	35.49 34.74	
6 Sauvageau, Brooklyn	7 FS	2:19.57
32.63 35.89	35.84 35.21	
7 Larson, Jordyn	11 JHS-ND	2:22.48
32.45 36.31	37.36 36.36	
8 Nelson, Cloe	12 JHS-ND	2:27.28
33.53 37.57	38.41 37.77	

9 Bourke, Ella	10 FS	2:33.17
35.03 39.32	40.66 38.16	
10 Miller, Ava	9 FS	x2:42.22
35.68 41.88	42.81 41.85	
--- Martin, Lainey	10 MIN	X2:23.99
32.64 36.46	37.87 37.02	
--- Miller, Keira	10 MIN	X2:24.63
33.19 36.52	37.89 37.03	
--- Schaefer, Ellie	11 MIN	X2:26.57
32.36 36.91	39.18 38.12	
--- Osborn, Gianna	12 MIN	X2:32.57
34.21 38.57	40.44 39.35	
--- Zerr, Danica	9 MIN	X2:36.20
34.65 39.49	41.67 40.39	
--- Dokken, Leah	9 MIN	X2:40.99
35.56 39.52	43.97 41.94	
--- Lantz-Gagne, Olivia	9 MIN	X2:42.15
34.71 41.40	43.78 42.26	
--- Lloyd, Rebecca	10 JHS-ND	DQ
34.02 39.27	39.77 37.98	

Event 3 Girls 200 Yard IM

2:30.94 SQ

Name	YrSchool	Finals Time
1 Vonbokern, Sam	10 MIN	2:15.37 SQ
27.41 33.89	42.42 31.65	
2 Lettenmaier, Georgia	11 JHS-ND	2:31.63
32.48 40.44	43.87 34.84	
3 Quam, Kirby	8 MIN	2:36.01
33.26 38.18	49.16 35.41	
4 Dunstan, Emily	9 MIN	2:43.07
33.90 40.13	50.22 38.82	
5 Becker, Elsie	10 FS	2:47.17
36.00 42.04	51.93 37.20	
6 Gilbertson, Sophie	7 JHS-ND	2:58.11
40.20 45.92	51.40 40.59	
7 Berndt, Mia A	8 JHS-ND	3:00.02
42.26 46.32	51.60 39.84	
--- Bahr, Zoe	10 MIN	X2:38.81
34.94 41.47	44.89 37.51	
--- Schaeffer, Greer	9 MIN	X2:50.79
37.47 43.26	50.06 40.00	

Event 4 Girls 50 Yard Freestyle

27.28 SQ

Name	YrSchool	Finals Time
1 Osborn, Gabby	11 MIN	26.74 SQ
2 Edwards, Bostyn	11 MIN	27.00 SQ
3 VonBokern, Sophia	10 MIN	27.40
4 Larson, Allyshah	12 JHS-ND	27.44
5 Sharbono, Abigail	12 FS	28.64
6 Owens, Ava	12 FS	28.83
7 Schmitz, Hailey	12 FS	29.20
8 Boehm, Abby	9 JHS-ND	32.91
9 Graves, Isabela	9 FS	x33.91
10 Keller, Regan	12 JHS-ND	34.14
11 Munns, Kadence	8 FS	x34.76
12 Sivers, Samantha	8 FS	x36.79

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(Event 4 Girls 50 Yard Freestyle)

Name	YrSchool	Finals Time
13 Kees, Ellen	8 FS	x40.15
--- Flaten, Caclin	11 MIN	X28.59
--- Valdez, Hailee	10 MIN	X28.81
--- Gemar, Ellia	9 MIN	X29.00
--- King, Kassidy	11 MIN	X30.42
--- Aberle, Isabelle	11 MIN	X30.84
--- Fricke, Vreelyn	9 MIN	X32.41
--- Steckler, Autumn	11 MIN	X32.92
--- Kerzmann, Anna	9 MIN	X33.16
--- Roach, Marley	11 JHS-ND	X33.48
--- Schmidt, Madison	8 JHS-ND	X34.28
--- Haisch, Zoe	7 JHS-ND	X41.33
--- Roller, Grace	9 JHS-ND	X42.90
--- Roller, Olivia	9 JHS-ND	X49.78
--- Sundeen, Alice	7 JHS-ND	X55.62
--- Roller, Faith	7 JHS-ND	X55.81

Event 5 Girls 1 mtr Diving

Name	YrSchool	Finals Score
1 Conklin, Haley	11 MIN	253.60
2 Kesler, Ella	12 MIN	239.30
3 Conejo, Ave	11 MIN	172.05
4 Davis, Jozie	9 JHS-ND	169.15
5 Kaiser, Mia	10 JHS-ND	157.25
6 Stoterau, Lydia	11 JHS-ND	147.00
--- Bell, Sophia	10 MIN	X180.95
--- Hagar, Sadie	11 JHS-ND	X138.80
--- Kleven, Larkin	9 JHS-ND	X135.80
--- Stewart, Ella	7 MIN	X119.75
--- Tollefson, Kaiya	7 MIN	X108.95
--- Stolba, Danica	7 MIN	X104.95

Event 6 Girls 100 Yard Butterfly

1:08.94 SQ

Name	YrSchool	Finals Time
1 Edwards, Bostyn	11 MIN	1:09.10
32.29 36.81		
2 Schmitz, Hailey	12 FS	1:12.85
33.53 39.32		
3 Sauvageau, Brooklyn	7 FS	1:14.28
35.99 38.29		
4 Moltzen, Marissa	10 JHS-ND	1:22.73
37.96 44.77		
5 Schaefer, Ellie	11 MIN	1:25.84
38.74 47.10		
6 Schmidt, Madison	8 JHS-ND	1:50.07
51.15 58.92		

Event 7 Girls 100 Yard Freestyle

1:00.54 SQ

Name	YrSchool	Finals Time
1 Goodman, Reese	12 MIN	59.25 SQ
27.75 31.50		
2 Quam, Kirby	8 MIN	1:01.55
29.18 32.37		
3 Racine, Madisyn	7 MIN	1:01.87
30.31 31.56		

4 Larson, Allysa	12 JHS-ND	1:02.11
29.67 32.44		
5 Sharbono, Abigail	12 FS	1:02.51
29.74 32.77		
6 Becker, Nora	12 FS	1:04.27
30.48 33.79		
7 Roach, Marley	11 JHS-ND	1:17.21
37.86 39.35		
8 Nelson, Tori	9 JHS-ND	1:17.44
37.80 39.64		
9 Lee, Vivienne	8 FS	1:23.06
41.59 41.47		
10 Munns, Kadence	8 FS	x1:24.00
39.65 44.35		
11 Kees, Ellen	8 FS	x1:40.67
39.87 1:00.80		
--- Bahr, Zoe	10 MIN	X1:04.57
31.04 33.53		
--- Miller, Keira	10 MIN	X1:08.38
33.45 34.93		
--- Osborn, Gianna	12 MIN	X1:09.05
33.06 35.99		
--- Schaeffer, Greer	9 MIN	X1:09.09
33.42 35.67		
--- Fricke, Vreelyn	9 MIN	X1:10.99
34.52 36.47		
--- Lantz-Gagne, Olivia	9 MIN	X1:12.25
33.99 38.26		
--- Dokken, Leah	9 MIN	X1:12.35
35.33 37.02		
--- Trevithick, Emily	9 JHS-ND	X1:13.72
34.91 38.81		
--- Steckler, Autumn	11 MIN	X1:15.79
35.26 40.53		
--- Roller, Grace	9 JHS-ND	X1:36.80
44.96 51.84		
--- Haisch, Zoe	7 JHS-ND	X1:42.16
45.99 56.17		
--- Roller, Olivia	9 JHS-ND	X1:47.82
52.26 55.56		
--- Roller, Faith	7 JHS-ND	X2:13.25
1:02.02 1:11.23		

Event 8 Girls 500 Yard Freestyle

6:02.52 SQ

Name	YrSchool	Finals Time
1 Lettenmaier, Georgia	11 JHS-ND	5:50.94 SQ
29.97 33.90 35.38 35.14		
36.15 36.36 36.24 36.06		
36.45 35.29		
2 VonBokern, Sophia	10 MIN	6:00.64 SQ
30.61 34.56 35.58 36.54		
36.80 36.66 39.43 39.29		
36.59 34.58		
3 Osborn, Gabby	11 MIN	6:12.86
30.67 35.45 38.24 37.80		
38.64 39.16 38.94 38.45		
39.27 36.24		

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(Event 8 Girls 500 Yard Freestyle)

Name	Yr	School	Finals Time	
4 Becker, Elsie	10	FS	6:17.66	
	32.52	36.05	37.85	38.21
	38.73	39.73	39.67	38.72
	38.52	37.66		
5 Gilbertson, Sophie	7	JHS-ND	7:02.73	
	37.41	41.63	43.38	42.48
	44.12	43.96	44.06	43.04
	43.23	39.42		
6 Lloyd, Rebecca	10	JHS-ND	7:03.83	
	34.94	40.79	42.25	42.44
	43.73	45.54	43.63	43.89
	44.81	41.81		

Event 9 Girls 200 Yard Freestyle Relay

Team	Relay	Finals Time	
1 MIN	A	1:47.93	
	1) Williamson, Ava 11	2) Goodman, Reese 12	
	3) Edwards, Bostyn 11	4) Vonbokern, Sam 10	
	27.41 26.92	28.14	25.46
2 JHS-ND	A	1:54.52	
	1) Larson, Allysa 12	2) Nelson, Cloe 12	
	3) Larson, Jordyn 11	4) Lettenmaier, Georgia 11	
	28.37 28.71	30.32	27.12
3 FS	A	1:56.57	
	1) Becker, Nora 12	2) Mehl, Bethany 9	
	3) Sauvageau, Brooklyn 7	4) Sharbono, Abigail 12	
	30.16 28.15	28.97	29.29
4 MIN	B	1:56.94	
	1) Quam, Kirby 8	2) Bahr, Zoe 10	
	3) Racine, Madisyn 7	4) Valdez, Hailee 10	
	29.72 28.41	29.52	29.29
5 JHS-ND	B	2:11.94	
	1) Nelson, Tori 9	2) Moltzen, Marissa 10	
	3) Lloyd, Rebecca 10	4) Boehm, Abby 9	
	36.64 31.21	1:04.63	
6 FS	B	2:23.62	
	1) Owens, Ava 12	2) Kees, Ellen 8	
	3) Lee, Vivienne 8	4) Graves, Isabela 9	
	29.14 45.35	35.50	33.63
7 JHS-ND	D	x3:33.91	
	1) Sundeen, Alice 7	2) Roller, Faith 7	
	3) Roller, Olivia 9	4) Haisch, Zoe 7	
	56.70 1:02.38	57.22	37.61
--- MIN	C	X2:04.31	
	1) Schaeffer, Greer 9	2) Miller, Keira 10	
	3) Fricke, Vreelyn 9	4) Osborn, Gianna 12	
	31.40 30.25	33.86	28.80
--- MIN	D	X2:07.03	
	1) Lantz-Gagne, Olivia 9	2) Aberle, Isabelle 11	
	3) Dokken, Leah 9	4) Zerr, Danica 9	
	31.89 31.13	31.62	32.39
--- JHS-ND	C	DQ	
	1) Schmidt, Madison 8	2) Roach, Marley 11	
	3) Trevithick, Emily 9		
	34.46 36.01	33.26	

Event 10 Girls 100 Yard Backstroke

Name	Yr	School	1:09.01	SQ	Finals Time
1 Williamson, Ava	11	MIN			1:05.63 SQ
	31.60	34.03			
2 Flaten, Caelin	11	MIN			1:10.03
	33.90	36.13			
3 Dunstan, Emily	9	MIN			1:11.81
	35.29	36.52			
4 Larson, Jordyn	11	JHS-ND			1:13.69
	36.30	37.39			
5 Nelson, Cloe	12	JHS-ND			1:16.94
	37.73	39.21			
6 Becker, Nora	12	FS			1:19.57
	38.61	40.96			
7 Bourke, Ella	10	FS			1:23.41
	41.15	42.26			
8 Moltzen, Marissa	10	JHS-ND			1:26.38
	41.55	44.83			
9 Miller, Ava	9	FS			1:29.51
	41.92	47.59			
10 Sivers, Samantha	8	FS			x1:41.01
	48.86	52.15			
--- Neumann, Ava	11	MIN			X1:14.51
	36.26	38.25			
--- Gemar, Ellia	9	MIN			X1:16.79
	37.01	39.78			
--- Valdez, Hailee	10	MIN			X1:17.77
	36.59	41.18			
--- Aberle, Isabelle	11	MIN			X1:19.44
	39.09	40.35			
--- Martin, Lainey	10	MIN			X1:19.53
	39.04	40.49			
--- Kerzmann, Anna	9	MIN			X1:29.21
	1:31.51				
--- Keller, Regan	12	JHS-ND			X1:35.27
	44.93	50.34			
--- Trevithick, Emily	9	JHS-ND			X1:36.17
	47.65	48.52			

Event 11 Girls 100 Yard Breaststroke

Name	Yr	School	1:18.60	SQ	Finals Time
1 Vonbokern, Sam	10	MIN			1:12.26 SQ
	34.43	37.83			
2 Mehl, Bethany	9	FS			1:12.84 SQ
	35.20	37.64			
3 Owens, Ava	12	FS			1:28.98
	41.36	47.62			
4 Zerr, Danica	9	MIN			1:34.96
	44.70	50.26			
5 King, Cassidy	11	MIN			1:36.68
	45.70	50.98			
6 Berndt, Mia A	8	JHS-ND			1:37.62
	46.33	51.29			
7 Graves, Isabela	9	FS			1:40.94
	47.91	53.03			

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(Event 11 Girls 100 Yard Breaststroke)

Name	Yr	School	Finals Time
8 Lee, Vivenne	8	FS	x1:43.34
48.27	55.07		
9 Nelson, Tori	9	JHS-ND	1:46.51
51.23	55.28		
10 Boehm, Abby	9	JHS-ND	1:48.76
50.35	58.41		

Event 12 Girls 400 Yard Freestyle Relay

Team	Relay	Finals Time
1 MIN	B	4:06.64
1) VonBokern, Sophia 10	2) Gemar, Ellia 9	
3) Quam, Kirby 8	4) Osborn, Gabby 11	
29.20 1:01.98	29.36 1:02.13	
29.61 1:02.52	27.88 1:00.01	
2 FS	A	4:16.69
1) Sauvageau, Brooklyn 7	2) Becker, Elsie 10	
3) Sharbono, Abigail 12	4) Mehl, Bethany 9	
31.01 1:05.15	32.07 1:07.01	
30.10 1:03.11	29.53 1:01.42	
3 JHS-ND	A	4:51.27
1) Lloyd, Rebecca 10	2) Berndt, Mia A 8	
3) Moltzen, Marissa 10	4) Gilbertson, Sophie 7	
33.26 1:10.61	35.89 1:14.02	
34.08 1:12.86	34.21 1:13.78	
4 FS	B	4:55.25
1) Schmitz, Hailey 12	2) Miller, Ava 9	
3) Munns, Kadence 8	4) Bourke, Ella 10	
30.92 1:03.51	35.86 1:16.96	
40.06 1:23.50	33.69 1:11.28	
5 JHS-ND	B	5:13.82
1) Keller, Regan 12	2) Roach, Marley 11	
3) Nelson, Tori 9	4) Schmidt, Madison 8	
36.63 1:24.12	29.73 1:12.04	
39.55 1:19.73	37.04 1:17.93	
--- MIN	C	X4:21.79
1) Schaefer, Ellie 11	2) Neumann, Ava 11	
3) Martin, Lainey 10	4) Flaten, Caelin 11	
31.87 1:08.64	30.83 1:04.11	
31.39 1:06.29	29.47 1:02.75	
--- MIN	D	XDQ
1) Aberle, Isabelle 11	2) Miller, Keira 10	
3) King, Cassidy 11	4) Osborn, Gianna 12	
34.10 1:10.48	32.15 1:07.59	
34.42 1:11.82	32.67 1:09.14	
--- MIN	A	DQ
1) Goodman, Reese 12	2) Dunstan, Emily 9	
3) Edwards, Bostyn 11	4) Williamson, Ava 11	
28.32 59.68	28.77 1:01.52	
28.36 59.79	28.09 59.93	